



God Family Country

GUIDED BIBLE STUDY

What Does It Mean to Be Blessed?

Speaker: Jill Smith

Highlighted Scripture

Deuteronomy 28:2–10 (ESV)

2 And all these blessings shall come upon you and overtake you, if you obey the voice of the Lord your God.

3 Blessed shall you be in the city, and blessed shall you be in the field.

4 Blessed shall be the fruit of your womb and the fruit of your ground and the fruit of your cattle, the increase of your herds and the young of your flock.

5 Blessed shall be your basket and your kneading bowl.

6 Blessed shall you be when you come in, and blessed shall you be when you go out.

7 The Lord will cause your enemies who rise against you to be defeated before you. They shall come out against you one way and flee before you seven ways.

8 The Lord will command the blessing on you in your barns and in all that you undertake. And he will bless you in the land that the Lord your God is giving you.

9 The Lord will establish you as a people holy to himself, as he has sworn to you, if you keep the commandments of the Lord your God and walk in his ways.

10 And all the peoples of the earth shall see that you are called by the name of the Lord, and they shall be afraid of you.

Discussion Questions

1. When you hear the phrase “Have a blessed day,” what do you usually think it means? How did this study expand or challenge that idea?
2. Jill explained that blessing is not just about money, health, or ease. Which type of blessing stood out to you most: intimacy, provision, guidance, protection, purpose, relationship, or influence?
3. How does obedience to God shape the way we experience blessing, even during difficult seasons?
4. Can you think of a time when you were clearly blessed by God—even though circumstances were hard?
5. How can understanding biblical blessing change the way you view your current situation?

Reflection Challenge

This week, take time to reframe how you define blessing.

Intentionally thank God for at least three blessings that are not tied to comfort or circumstances—such as His presence, guidance, protection, purpose, or relationships.

Ask yourself:

- **Where do I see God’s favor at work in my life?**
- **How am I being blessed so that I can be a blessing to others?**

As you go about your day, let “Have a blessed day” become more than a phrase—let it be a reminder of who you belong to and how God is at work in your life.

Prayer

Father God,

Thank You for helping us see what it truly means to be blessed.

Thank You that blessing is not limited to comfort or success, but is found in walking closely with You.

Thank You for the intimacy we have with You, for the way You provide what we need, guide our steps, protect our lives, and give us purpose. Thank You for relationships, community, and the influence You've entrusted to us.

Help us to walk in obedience, to trust You in every season, and to recognize Your blessings even when life feels difficult.

May our lives reflect Your goodness so others can see that we belong to You.

In Jesus' name, Amen.

