



God Family Country

# GUIDED BIBLE STUDY

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## **Ten Truths to Change the Way We Think**

**Speaker: Julie Pedroza**

### **Highlighted Scripture**

**Isaiah 41:8–10 (ESV)**

**But you, Israel, my servant,  
Jacob, whom I have chosen,  
the offspring of Abraham, my friend;  
you whom I took from the ends of the earth,  
and called from its farthest corners,  
saying to you, “You are my servant,  
I have chosen you and not cast you off”;  
fear not, for I am with you;  
be not dismayed, for I am your God;  
I will strengthen you, I will help you,  
I will uphold you with my righteous right hand.**

### **Discussion Questions**

- 1. Julie shared that these verses contain “ten truths” meant to change how we think about ourselves. Which of these truths stands out most to you right now, and why?**
- 2. The passage reminds us that God has chosen us and called us His servants. How does believing this reshape your sense of identity and purpose?**

- 3. Julie spoke about feeling alone or neglected at times. How do these verses challenge those feelings when they arise?**
- 4. The promises in Isaiah 41:8–10 span our past, present, and future. How does knowing God’s faithfulness across all three bring comfort or confidence?**
- 5. What negative thought patterns do you need to replace with the truths God speaks in this passage?**

## **Reflection Challenge**

**This week, intentionally meditate on the truths God declares in Isaiah 41:8–10.**

**Ask yourself daily:**

- Do I believe what God says about me?**
- Am I thinking based on fear or on God’s promises?**
- How can I remind myself that I am chosen, helped, and upheld?**

**Remember:**

- ✨ God has chosen you**
- ✨ God is with you**
- ✨ God will strengthen and uphold you**

## **Prayer**

**Lord,**

**Thank You for the truths You have spoken over our lives.**

**Help us change the way we think by believing what You say about us, not what fear, doubt, or past experiences try to tell us.**

**Remind us that You have chosen us, called us, and will never reject us.**

**Strengthen us, help us, and uphold us as we trust You with our past, present, and future.**

**In Your mighty name, Amen.**









