



God Family Country

GUIDED BIBLE STUDY

💡 Ten Truths to Change the Way We Think

Speaker: Julie Pedroza

📖 Highlighted Scripture

Isaiah 41:8–10 (ESV)

**But you, Israel, my servant,
Jacob, whom I have chosen,
the offspring of Abraham, my friend;
you whom I took from the ends of the earth,
and called from its farthest corners,
saying to you, “You are my servant,
I have chosen you and not cast you off”;
Fear not, for I am with you;
be not dismayed, for I am your God;
I will strengthen you, I will help you,
I will uphold you with my righteous right hand.**

💬 Discussion Questions

- 1. Julie shared that these verses contain “ten truths” meant to change how we think about ourselves. Which of these truths stands out most to you right now, and why?**
- 2. The passage reminds us that God has chosen us and called us His servants. How does believing this reshape your sense of identity and purpose?**

- 3. Julie spoke about feeling alone or neglected at times. How do these verses challenge those feelings when they arise?**
- 4. The promises in Isaiah 41:8–10 span our past, present, and future. How does knowing God's faithfulness across all three bring comfort or confidence?**
- 5. What negative thought patterns do you need to replace with the truths God speaks in this passage?**

Reflection Challenge

This week, intentionally meditate on the truths God declares in Isaiah 41:8–10.

Ask yourself daily:

- Do I believe what God says about me?**
- Am I thinking based on fear or on God's promises?**
- How can I remind myself that I am chosen, helped, and upheld?**

Remember:

- God has chosen you**
- God is with you**
- God will strengthen and uphold you**

Prayer

Lord,

Thank You for the truths You have spoken over our lives.

Help us change the way we think by believing what You say about us, not what fear, doubt, or past experiences try to tell us.

Remind us that You have chosen us, called us, and will never reject us. Strengthen us, help us, and uphold us as we trust You with our past, present, and future.

In Your mighty name, Amen.

