



GUIDED BIBLE STUDY

Following God's Path

Speaker: Randy Hedden

Highlighted Scripture

• **Psalms 25:1–5**

David lifts his soul to the Lord, places his trust in God, and asks for guidance, truth, and direction. He declares his hope in the God who saves.

Discussion Questions

- **What distractions make it difficult for you to hear God's direction in your life?**
- **How does the fast pace of modern communication affect your ability to focus on God?**
- **Why is trust an essential part of seeking God's guidance?**
- **What role do prayer, reflection, and time in Scripture play in discerning God's path?**
- **How can you create more space for quiet moments with God during your day?**

Reflection Challenge

This week, intentionally slow down and make room for God to direct your path.

Ask yourself:

- **What voices am I listening to most often?**
- **Am I seeking God's guidance before making decisions?**
- **Have I created space for prayer, reflection, and time in Scripture?**

Try this:

- **Set aside five to ten minutes each day for quiet prayer and reflection.**
- **Read Psalm 25 slowly and consider David's posture of trust.**
- **Limit one source of distraction that regularly pulls your attention away from God.**
- **Before making an important decision, pause and ask God to show you the right path.**

Remember

- **God's guidance often comes through quiet moments with Him.**
- **Trusting God requires slowing down enough to listen.**
- **Scripture provides direction when life feels overwhelming.**
- **God's truth is more reliable than the world's constant noise.**

• **Hope grows when we place our trust in the Lord.**

Prayer

Father God,

Thank You for being a God who guides and directs Your people. In a world full of distractions and constant information, help me slow down and seek Your voice above all others. Teach me Your truth and show me the path You want me to follow. Strengthen my trust in You and remind me that my hope is found in You alone.

In Jesus' name,

Amen.

