



God Family Country

GUIDED BIBLE STUDY

He Remembers That We Are Dust

Speaker: Shane Condon

Highlighted Scriptures

Psalm 103:1–14 (ESV)

**Bless the Lord, O my soul, and all that is within me, bless his holy name!
Bless the Lord, O my soul, and forget not all his benefits,
who forgives all your iniquity,
who heals all your diseases,
who redeems your life from the pit,
who crowns you with steadfast love and mercy,
who satisfies you with good
so that your youth is renewed like the eagle's.
The Lord works righteousness and justice for all who are oppressed.
He made known his ways to Moses,
his acts to the people of Israel.
The Lord is merciful and gracious,
slow to anger and abounding in steadfast love.
He will not always chide,
nor will he keep his anger forever.
He does not deal with us according to our sins,
nor repay us according to our iniquities.
For as high as the heavens are above the earth,
so great is his steadfast love toward those who fear him;
as far as the east is from the west,**

**so far does he remove our transgressions from us.
As a father shows compassion to his children,
so the Lord shows compassion to those who fear him.
For he knows our frame;
he remembers that we are dust.**

Discussion Questions

- 1. Which part of Psalm 103:1–14 speaks most powerfully to you, and why?**
- 2. In what ways have you seen God’s mercy and compassion in your own life?**
- 3. Are there areas where you still carry guilt or shame, even after seeking God’s forgiveness?**
- 4. How does it change your perspective to remember that God “remembers we are dust”?**
- 5. Who in your life needs to be reminded of God’s grace today?**

Reflection Challenge

- Reflect on God’s Mercy:** Set aside a few quiet moments today to read Psalm 103 again and reflect on the specific ways God has shown you mercy, healing, and love.
- Release Shame:** Ask God to help you release any lingering guilt or feelings of unworthiness. Rest in the truth that He does not deal with us as our sins deserve.
- Encourage Someone:** Reach out to someone who may be struggling with regret or fear. Share this passage or another that reminds them of God’s forgiveness and compassion.
- Pray for Your Loved Ones:** Like Shane did, take time to pray for your family, especially for those who may not yet know or walk closely with God.

Prayer Prompt

Lord, thank You for not treating me as my sins deserve. Thank You for Your love that reaches beyond my failures, for removing my transgressions, and for showing compassion like a perfect Father. Help

me to trust in Your forgiveness, to rest in Your grace, and to extend that same compassion to others. In Jesus' name, amen.