



GUIDED BIBLE STUDY

God Family Country

I Have Seen the Lord

Speaker: Pastor Tony Orihuela

Highlighted Scripture

John 20:16–18 (ESV)

Jesus said to her, “Mary.”

She turned and said to Him in Aramaic, “Rabboni!” (which means Teacher).

Jesus said to her, “Do not cling to Me... but go to My brothers and say to them,

‘I am ascending to My Father and your Father, to My God and your God.’”

Mary Magdalene went and announced to the disciples, “I have seen the Lord.”

Discussion Questions

- 1. Mary did not recognize Jesus at first. How can grief or pain keep us from seeing what God is doing in our lives?**
- 2. What changed when Jesus called Mary by name, and why is that personal moment so important?**
- 3. The speaker emphasized Mary's past and how Jesus had cleansed her. What does this teach us about how Jesus sees us now?**
- 4. Why do you think Jesus chose Mary — someone with a broken past — to be the first person to announce that He had risen?**
- 5. The speaker said Jesus wants us to go and tell others what He has done. What part of your own story might God be asking you to share?**

Reflection Challenge

Choose to live as someone who believes they are fully forgiven and made new in Christ.

Ask yourself:

- **Am I defining myself by my past or by who I am in Jesus?**
- **Have I forgiven myself for what God has already forgiven?**
- **Who can I tell about what Jesus has done in my life?**

Remember:

- **Jesus sees who you are now**
- **Forgiveness brings freedom**
- **Your testimony matters**

Prayer

Father God,

Thank You that You do not see us as who we once were, but as who we are in Christ.

Help us to forgive ourselves where You have already forgiven us.

Give us boldness to share our testimony and to say with confidence, "I have seen the Lord."

Help us live each day as new creations in You.

In Jesus' name, Amen.

