



GUIDED BIBLE STUDY

Don't Look Back

Speaker: John Condon

Highlighted Scripture

- **Luke 17:32**

"Remember Lot's wife." Jesus gives this short but powerful warning. John connects it to the danger of continually looking backward when God is calling us forward.

- **Genesis 19**

God rescued Lot and his family from Sodom and instructed them not to look back. Lot's wife looked back and became a pillar of salt. John uses her story to challenge us to consider whether our hearts are still attached to something God is leading us away from.

- **Isaiah 43:18–19**

"Forget the former things; do not dwell on the past. See, I am doing a new thing!" John applies this passage personally as an encouragement to stop allowing the past to determine whether God is still working in the present.

Discussion Questions

- John openly wrestles with whether Thunder Canyon and the ministry were truly God's will or simply something he wanted. Have you ever questioned a decision you once believed God was leading you to make?
- Why can present difficulties cause us to question something we once felt confident God was calling us toward?
- What do you think Jesus wants us to learn when He says, "Remember Lot's wife"?
- John talks about "looking back" mentally—replaying old decisions and wondering, What if I had done something differently? How can constantly revisiting the past affect our ability to follow God today?
- Is there something in your own life that God may be asking you to stop looking back toward?

Reflection Challenge

This week, consider whether looking backward is keeping you from faithfully walking forward.

Ask yourself:

- Is there a past decision I continually second-guess because my current circumstances are difficult?
- Am I confusing difficulty with evidence that God isn't working?
- Is there something from an old season that I keep romanticizing or wishing I could return to?

- **What would trusting God with my next step look like today?**

Try this:

- **When you catch yourself replaying a past decision, bring the question honestly before God instead of endlessly replaying it in your mind.**
- **Identify one thing from your past that you need to surrender rather than continually revisit.**
- **Read Luke 17:32 and Isaiah 43:18–19 and consider what "don't look back" means in your current season.**
- **Instead of asking only, "Did I make the right decision back then?", also ask, "God, what are You asking me to do faithfully today?"**

Remember

- **Difficult circumstances do not automatically mean you missed God's direction.**
- **Looking backward can keep us from seeing what God is doing now.**
- **We can honestly question ourselves without allowing doubt to control us.**
- **Sometimes moving forward requires surrendering our attachment to an old season.**
- **Trusting God means continuing to follow Him even when the path becomes harder than we expected.**

Prayer

Father God,

Thank You that I can come to You honestly with my doubts, questions, and fears. When circumstances become difficult and I begin questioning everything behind me, help me seek You instead of becoming trapped in the past.

Show me where I need correction, but also give me the courage to keep moving when You are calling me forward. Help me release the things I continually revisit in my mind and trust You with what comes next. Keep my heart focused on You and give me faith to follow wherever You lead.

In Jesus' name,

Amen.

