



God Family Country

GUIDED BIBLE STUDY

Trusting Through the Fog

Speaker: Barbara Reese

Highlighted Scripture

Proverbs 3:5–6

**“Trust in the Lord with all your heart,
and don’t lean on your own understanding.
In all your ways acknowledge him,
and he will make your paths straight.”**

Isaiah 41:10

**“Don’t be afraid, for I am with you.
Don’t be dismayed, for I am your God.
I will strengthen you.
Yes, I will help you.
Yes, I will uphold you with the right hand of my righteousness.”**

Isaiah 41:13

**“For I, the Lord your God,
will hold your right hand,
saying to you,
‘Don’t be afraid. I will help you.’”**

Discussion Questions

1. What areas of your life feel like “driving through fog” right now?

- 2. Why is it easier to trust a familiar road than to trust God's unseen plan?**
- 3. What does it practically look like to "acknowledge Him in all your ways"?**
- 4. How does the promise that God holds your right hand change your perspective on fear?**
- 5. Where might you be leaning on your own understanding instead of trusting God?**

Reflection Challenge

Whenever anxiety or uncertainty rises, pause and ask:

- Am I trusting what I can see — or who I know?**
- Am I trying to control the route instead of following God's direction?**
- Do I believe that God is holding my hand right now?**

Remember:

- ✨ You don't need to see the whole road to trust the Driver**
- ✨ God's presence removes fear**
- ✨ Straight paths come from surrendered hearts**

Prayer

Father God,

Help me trust You completely.

When life feels unclear and uncertain, remind me that You see what I cannot.

Keep me from leaning on my own understanding.

Strengthen me when fear rises.

Thank You for holding my hand and guiding my steps.

In Jesus' name,

Amen.

