



GUIDED BIBLE STUDY

Walking by Truth, Not Feelings

Speaker: Shane Condon

Highlighted Scripture

• **2 Corinthians 5:7**

"For we walk by faith, not by sight." Shane reflects on this verse to remind believers that faith is built on the unchanging truth of God's character and promises—not on the changing emotions or circumstances we experience from day to day.

Discussion Questions

- **Shane says our feelings often try to convince us of something different from what God has already declared to be true. When have you experienced that struggle?**
- **Why is it important to distinguish between our feelings and God's truth?**
- **Looking back over the week's devotionals, how did each speaker point us toward trusting God rather than our emotions?**

- **What are some practical ways to remind yourself of God's promises when your feelings tell a different story?**
- **Shane asks, "What do I know to be true?" How could asking yourself that question change the way you respond to difficult situations?**

Reflection Challenge

Choose to anchor your life in God's truth instead of your changing emotions.

Ask yourself:

- **Are my decisions being driven more by my feelings or by God's Word?**
- **What promise of God do I need to hold onto today?**
- **How can I remind myself of God's faithfulness when my emotions begin to overwhelm me?**

Try this:

- **Write down one promise from Scripture that speaks to your current situation and read it each morning.**
- **When discouragement comes, pause before reacting and ask, "What has God already said is true?"**
- **Thank God for His unchanging character, even when your emotions fluctuate.**
- **End each day by reflecting on one way you saw God's faithfulness, regardless of how you felt.**

Remember

- **Feelings are real, but they are not always reliable.**
- **God's truth remains constant regardless of our circumstances.**
- **Faith is built on God's character, not on our emotions.**
- **God's promises do not change when our feelings change.**
- **A life built on God's truth has a firm foundation.**

Prayer

Father God,

Thank You that Your truth never changes, even when my emotions do. Help me to acknowledge my feelings without allowing them to become the foundation of my faith. Teach me to trust Your promises, rely on Your unchanging character, and walk by faith instead of by what I see or feel. Strengthen my heart to stand firmly on Your Word each day, knowing that You are always faithful.

In Jesus' name,

Amen.

