



# GUIDED BIBLE STUDY

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## Trusting God in the Unknown

**Speaker: Shane Condon**

### Highlighted Scripture

**Philippians 4:6–7**

**“Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.**

**And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.”**

**James 1:5**

**“If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him.”**

### Discussion Questions

- **Why do we often feel like we need to have everything figured out before we can have peace?**
- **What does it practically look like to bring “everything” to God in prayer?**
- **How is God’s peace different from simply having clarity or control?**
- **What does it mean to trust God for the next step instead of the full plan?**

➤ **How can asking God for wisdom change the way we handle uncertainty?**

## **Reflection Challenge**

**Pay attention to moments when anxiety or overthinking starts to take over.**

**When it happens, pause and ask:**

- **Have I brought this to God, or am I trying to carry it myself?**
- **Am I seeking control, or am I choosing trust?**
- **What is the next faithful step I can take?**

**Try this:**

**When you feel overwhelmed, stop and pray honestly**

**Write down one thing you're anxious about and give it to God daily**

**Focus on obedience in the next step, not the entire outcome**

**Remember**

**Peace doesn't come from having all the answers**

**God offers peace even in uncertainty**

**Wisdom is given as we seek Him**

**Trust grows when we release control**

**Prayer**

**Father God,**

**You know the things that weigh on my heart and mind.**

**Help me to bring everything to You instead of trying to carry it on my own.**

**Give me Your peace, even when I don't understand what's happening.**

**Grant me wisdom for the next step and the courage to trust You fully.**

**In Jesus' name,**

**Amen.**











