



GUIDED BIBLE STUDY

Break Through the Flesh – The Power of the Holy Spirit

Speaker: Bishop Frank Dupree

Message Title: “Breaking Through by the Holy Spirit”

Key Passage: Acts 1:8

“But you will receive power when the Holy Spirit comes upon you...”

Main Message

- **Just as a rocket must overcome Earth’s gravitational pull to reach space, believers must overcome the gravitational pull of the flesh to live a Spirit-filled life.**
- **The baptism of the Holy Spirit is the concentrated “fuel” that gives believers the power to break through natural limitations and carnal habits.**
- **Acts 2 shows how ordinary, fearful people became bold, prophetic, and unified after receiving the Holy Spirit.**
- **God’s power is not just to sustain—it’s to launch believers into a higher dimension of living, free from bondage to sin and fear.**

Discussion Questions

- 1. How is the “gravity of the flesh” showing up in your life right now?**
- 2. What does it mean to be baptized in the Holy Spirit?**
- 3. Can you share a time when the Holy Spirit helped you break through a personal barrier?**

- 4. Why do you think Jesus commanded the disciples to wait for the Holy Spirit in Acts 1?**
- 5. What difference do you see in the disciples before and after Pentecost?**

Key Scriptures

- **Acts 1:8 – Power comes with the Holy Spirit.**
- **Acts 2:1–4 – The disciples receive the Spirit and speak in tongues.**
- **Romans 8:13 – “If by the Spirit you put to death the deeds of the body, you will live.”**
- **Galatians 5:16–17 – The Spirit wars against the flesh.**
- **Luke 24:49 – “Stay... until you are clothed with power from on high.”**

Key Takeaways

- **The Holy Spirit is not optional—He is essential for victorious living.**
- **The flesh will always pull you down without the Spirit’s power.**
- **God’s design is for believers to live above fear, sin, and discouragement through the Spirit.**
- **Receiving the Holy Spirit brings boldness, vision, and transformation.**
- **Just like space missions required more fuel to break through, we require more of the Spirit to grow and go further in our walk with God.**

Reflection Activity

Draw or list your “gravitational pulls” (things that hold you down spiritually). Then next to each, write a Scripture-based truth or prayer inviting the Holy Spirit to help you break through.

Prayer Prompt

Holy Spirit, fill me afresh today. Help me overcome the pull of my flesh and live boldly for Jesus. Give me power, boldness, and a new mindset. I believe the promise is for me too. In Jesus' name, Amen.

