



# GUIDED BIBLE STUDY

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## **Trusting God When Life Doesn't Make Sense**

**Speaker: Shane Condon**

### **Highlighted Scripture**

#### **Proverbs 3:5-6**

**Trust in the Lord completely and do not rely solely on your own understanding or perspective. Acknowledge God in every area of life, and He will guide your path.**

#### **1 Peter 5:7**

**Believers are encouraged to place their worries and anxieties upon God because He cares for them.**

#### **Isaiah 55:8-9**

**God's thoughts and ways are higher than human understanding, reminding believers to trust Him even when they cannot see the full picture.**

## **Discussion Questions**

- **Why is it easier to trust God when life is going well than when life becomes difficult?**
- **What are some things people tend to trust instead of God?**
- **How does Proverbs 3:5 challenge the way we normally approach problems?**
- **What worries are you currently carrying that God may be asking you to surrender?**
- **How can believers demonstrate trust in God when they do not understand their circumstances?**

## **Reflection Challenge**

**Focus on identifying areas where you may be relying more on your own understanding than on God's guidance.**

**Ask yourself:**

- **What am I struggling to trust God with right now?**
- **Am I placing my confidence in God or in my own plans and abilities?**
- **What would it look like to surrender this situation completely to Him?**

**Try this:**

- **Write down one worry and intentionally pray over it each day**
- **Read Proverbs 3:5–6 every morning this week**

**• When anxious thoughts arise, replace them with a reminder of God's faithfulness**

**• Thank God for what He is doing, even when you cannot yet see the outcome**

### **Remember**

**• Trust is most meaningful when circumstances are difficult**

**• Faith is not dependent on understanding everything**

**• God sees the whole picture when we can only see a small part**

**• Worry cannot solve tomorrow's problems, but trust can bring today's peace**

**• God remains faithful even when life feels uncertain**

### **Prayer**

**Father God,**

**Thank You for being trustworthy in every circumstance.**

**Help me trust You not only when life is easy, but also when life is difficult and uncertain.**

**Teach me to surrender my worries, fears, and unanswered questions to You.**

**Strengthen my faith so that I may rely on Your wisdom instead of my own understanding.**

**Remind me daily that You are in control and that Your plans are good.**

**In Jesus' name,**

**Amen.**













