



God Family Country

GUIDED BIBLE STUDY

God Is My Refuge

Speaker: Pastor Tony Orihuela

Highlighted Scriptures

Psalm 71:1–6 (ESV)

“In you, O LORD, do I take refuge; let me never be put to shame! In your righteousness deliver me and rescue me; incline your ear to me, and save me! Be to me a rock of refuge, to which I may continually come; you have given the command to save me, for you are my rock and my fortress. Rescue me, O my God, from the hand of the wicked, from the grasp of the unjust and cruel man. For you, O Lord, are my hope, my trust, O LORD, from my youth. Upon you I have leaned from before my birth; you are he who took me from my mother’s womb. My praise is continually of you.”

Psalm 139:13–16 (ESV)

“For you formed my inward parts; you knitted me together in my mother’s womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well. My frame was not hidden from you, when I was being made in secret, intricately woven. Your eyes saw my unformed substance; in your book were written, every one of them, the days that were formed for me, when as yet there was none of them.”

Romans 10:9–10 (ESV)

“If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the

heart one believes and is justified, and with the mouth one confesses and is saved.”

Discussion Questions

- **When have you experienced God as a refuge in your life?**
- **How does knowing God “knit you together in your mother’s womb” (Psalm 139) change the way you see your worth and purpose?**
- **Are there areas where you struggle to trust God’s timing or purpose? What holds you back?**
- **What would it look like for you to intentionally rely on God as your fortress this week?**
- **If someone asked you how to begin a relationship with Christ, how would Romans 10:9–10 shape your answer?**

Reflection Challenge

- **Read Psalm 71 slowly this week (out loud once), and write 2–3 lines of how you saw God’s care in your past.**
- **Spend 5–10 minutes in silence one morning asking God to reveal one next step of purpose He wants you to take.**
- **If you haven’t already, consider praying Romans 10:9–10 as a personal confession; if you have, invite someone into a conversation about what that decision means.**
- **Share Psalm 71 (or a brief encouragement from it) with one person who needs to know God sees them.**

Prayer Prompt

Father, You are my refuge and my rock. Thank You for knowing me from before I was born and for walking with me through every season. Help me to trust Your timing, to rest in Your protection, and to live with the confidence that You have a purpose for my life. If there are those here who have not yet confessed Jesus as Lord, draw them to Yourself now. In Jesus’ name, Amen.

