



God Family Country

# GUIDED BIBLE STUDY

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## **From Faith to Trust**

**Speaker: Donnie Thomas**

### **Highlighted Scripture**

**Proverbs 3:5–6**

**“Trust in the Lord with all your heart,  
and don’t lean on your own understanding.  
In all your ways acknowledge him,  
and he will make your paths straight.”**

### **Discussion Questions**

- 1. What is the difference between believing God can do something (faith) and actively depending on Him to do it (trust)?**
- 2. Can you think of a time when your faith had to become trust?**
- 3. What situations in your life right now require you to “sit in the chair” instead of just believing it will hold you?**
- 4. Why is it difficult to trust God in situations we did not choose?**
- 5. What does it look like to acknowledge God in all your ways during uncomfortable or challenging seasons?**

### **Reflection Challenge**

**Identify one area where you have faith — but may not yet be fully trusting.**

**Ask yourself:**

- **Am I leaning on my own understanding?**
- **Have I surrendered the outcome to God?**
- **Am I acting on my faith?**

**Remember:**

✨ **Faith believes.**

✨ **Trust acts.**

✨ **Trust requires surrender.**

✨ **God is present even in difficult assignments.**

 **Prayer**

**Father God,**

**Thank You for giving me faith.**

**Help me move from faith into trust.**

**When I face situations I would not choose,  
remind me that You are in control.**

**Teach me to lean not on my own understanding  
but to trust You fully, every day.**

**In Jesus' name,**

**Amen.**









