



GUIDED BIBLE STUDY

The Victory of the Empty Tomb

Speaker: Randy Hedden

Highlighted Scripture

Matthew 28:1–10

Early on Sunday morning, two women went to the tomb of Jesus. Suddenly, there was a great earthquake as an angel of the Lord came down from heaven, rolled the stone away, and sat on it. His appearance was bright and powerful, and the guards were so afraid that they became like dead men.

The angel told the women not to be afraid and said that Jesus, who had been crucified, was no longer there—He had risen just as He said He would. He invited them to see the empty place where Jesus had been and then told them to go quickly and tell the disciples that He was alive and would meet them in Galilee.

As they ran to tell the disciples, filled with both fear and great joy, Jesus Himself met them. They fell at His feet and worshiped Him. He told them not to be afraid and to go share

the good news with the others.

Discussion Questions

- ▶ **Why do you think the angel and Jesus both told the women, “Do not be afraid”?**
- ▶ **What does the empty tomb prove about who Jesus is?**
- ▶ **How do fear and joy show up together in the women’s response—and how do you see that in your own faith?**
- ▶ **Why is it significant that the first people to witness the resurrection were sent to share the message?**
- ▶ **What does it mean for your life that Jesus kept His promise to rise again?**

Reflection Challenge

This week, reflect on what the resurrection truly means—not just as a moment in history, but as a reality for your life today.

Ask yourself:

- ▶ **Do I live like Jesus is truly alive, or just remember the story?**
- ▶ **What fears do I need to release in light of the resurrection?**
- ▶ **How can I actively share the good news in my daily life?**

Try this:

Take time to thank Jesus for His victory over sin and death

Replace fear with truth—remind yourself that He is alive and in control

Share the message of the resurrection with at least one person this week

Remember

The tomb is empty—Jesus is alive

God keeps His promises

Fear loses its power in the presence of the risen Christ

The resurrection is not just history—it's your hope today

Prayer

Jesus,

Thank You for the cross and for the empty tomb.

Thank You that You are alive and that death has been defeated.

Help me to live with the joy and confidence of the resurrection.

Give me boldness to share this good news with others.

In Jesus' name,

Amen.

