



GUIDED BIBLE STUDY

Walking Through the Storm with God

Speaker: Pastor Tony Orihuela

Highlighted Scripture

- **Psalms 46:1–3**

God is our refuge and strength, an ever-present help in times of trouble. Even when the earth gives way, His people can remain confident in His presence.

Discussion Questions

- **Tony says that sometimes God places us in the middle of a storm rather than immediately removing us from it. Why might God allow seasons like that?**
- **How does knowing God is present change the way we face difficult circumstances?**
- **What does it practically mean to "be still and know that I am God" during a crisis?**
- **Have you experienced a time when God's presence became especially real during a difficult season?**

- **How can believers encourage one another while walking through life's storms together?**

Reflection Challenge

Choose to trust God's presence in the middle of whatever storm you may be facing.

Ask yourself:

- **Am I focusing more on the storm or on the God who walks with me through it?**
- **Have I been asking God to remove the trial without first asking Him to strengthen me within it?**
- **Where have I seen God's faithfulness during past difficulties?**

Try this:

- **Read Psalm 46 slowly and reflect on God's promises of refuge and strength.**
- **Spend time thanking God for His presence before asking Him to change your circumstances.**
- **Write down one way God has carried you through a previous storm as a reminder of His faithfulness.**
- **Encourage someone who is facing hardship by reminding them that God has not abandoned them.**

Remember

- **God's presence is often most evident during life's greatest storms.**

- **God does not promise a storm-free life, but He does promise to be with us.**
- **Peace comes from trusting God's presence, not from the absence of difficulties.**
- **God's faithfulness remains constant through every season.**
- **Every storm is temporary, but God's promises endure forever.**

Prayer

Father God,

Thank You for being my refuge and strength through every season of life. When storms surround me and fear begins to rise, remind me that You are with me and that You will never leave me. Help me trust Your guidance, rest in Your peace, and continue walking forward in faith. Strengthen my heart to rely on Your unchanging promises, knowing that You remain faithful through every trial.

In Jesus' name,

Amen.

