



GUIDED BIBLE STUDY

Bring It to God

Speaker: Shane Condon

Highlighted Scripture

Galatians 6:2

We are called to carry one another's burdens, showing that we were never meant to walk through life alone.

Romans 8:28

God is able to work through every situation—even painful ones—to bring about good for those who love Him.

Hebrews 4:16

Because of Jesus, we can come directly to God at any time, receiving mercy and grace exactly when we need it.

Discussion Questions

- **Why do we often try to carry burdens on our own instead of sharing them?**
- **How does knowing God can use hard situations for good change your perspective?**

- **What is the difference between carrying guilt and receiving grace?**
- **Why is it sometimes difficult to accept help from others?**
- **How does having constant access to God change the way you handle struggles?**

Reflection Challenge

This week, focus on releasing what you've been carrying and bringing it to God.

Ask yourself:

- **What burdens am I holding onto that I need to release?**
- **Am I trying to handle things on my own instead of trusting God?**
- **Who has God placed in my life that I can open up to?**

Try this:

- **Bring one specific burden to God in honest prayer each day**
- **Share something you've been carrying with a trusted person**
- **Practice replacing self-reliance with prayer in stressful moments**

Remember

- **You were never meant to carry everything alone**
- **God can redeem even the hardest situations**
- **Grace meets you in your mistakes, not after you fix them**

• **You always have access to God—right now**

Prayer

Father God,

Thank You that I don't have to carry everything on my own.

Help me to release my burdens and trust You with them.

Give me humility to receive help and courage to be honest.

Thank You for Your grace that meets me where I am.

In Jesus' name,

Amen.

