



GUIDED BIBLE STUDY

Day 41 Is Coming

Speaker: Julie Pedroza

Highlighted Scripture

Mark 1:12–13 (NLT)

**12 The Spirit then compelled Jesus to go into the wilderness,
13 where he was tempted by Satan for forty days. He was out among the wild animals, and angels took care of him.**

Psalms 130:1–2, 5 (NLT)

**1 From the depths of despair, O Lord, I call for your help.
2 Hear my cry, O Lord. Pay attention to my prayer.
5 I am counting on the Lord; yes, I am counting on him. I have put my hope in his word.**

Romans 15:13 (NLT)

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Discussion Questions

- 1. What is a “desert moment” you have walked through recently—your version of feeling overwhelmed or uncertain?**
- 2. How does knowing that angels attended Jesus in the wilderness shape your understanding of God’s presence in your struggles?**

- 3. What do you usually do when life feels heavy? Do you tend to cry out to God as Psalm 130 encourages?**
- 4. How can Romans 15:13 become an anchor of hope for you while you wait for your “Day 41”?**
- 5. Who in your life might need encouragement that hope is coming and they are not alone?**

Reflection Challenge

Name your desert. Be honest about where you feel weary, stretched, discouraged, or afraid.

Then hold onto this truth:

Jesus wasn't alone in His wilderness—and neither are you.

God sends help. God sees. God sustains.

Speak Romans 15:13 over yourself by inserting your name into the verse.

Let it remind you that hope is not based on how you feel—it rests on who God is.

Your “Day 41” may not come immediately, but it will come.

While you wait, let God surround you with His comfort, joy, and peace.

Prayer

As we pray Romans 15:13, insert your name, this promise is meant for all of us who believe in Jesus:

“May the God of hope fill [insert your name] with all joy and peace as [insert your name] trusts in Him, so that [insert your name] may overflow with hope by the power of the Holy Spirit.”

Lord, help us hold onto this hope.

Help us trust you in our desert moments, knowing that Day 41 is coming. Amen.

