



GUIDED BIBLE STUDY

Strength in Community and the Body of Christ

Speaker: Julie Pedroza

Highlighted Scripture

Ecclesiastes 4:9–12

Life is stronger when we walk together instead of alone. When one person falls, another can help lift them back up. Shared strength brings protection, warmth, and support. And when God is at the center of those relationships, that bond becomes even stronger and harder to break.

1 Corinthians 12:12–13, 18, 25–26

Followers of Christ are like one body made up of many different parts. Each person has a role, and every role matters. God has placed each individual exactly where they belong. We are meant to care for one another deeply—when one person hurts, we all feel it, and when one is lifted up, we all share in the joy.

Galatians 6:9–10

Do not grow tired of doing what is good. In time, there will be a harvest from your faithfulness if you keep going. Take every opportunity to show kindness and serve others, especially those who are part of the family of believers.

Discussion Questions

- **Why do you think God designed us to live in community rather than alone?**
- **How have you experienced support from others during a difficult season?**
- **What does it look like to truly “carry one another’s burdens” in everyday life?**
- **How can recognizing different gifts in others strengthen unity instead of comparison?**
- **Why is it important to continue doing good even when it feels unnoticed?**

Reflection Challenge

This week, focus on strengthening your connection within the body of Christ.

Ask yourself:

- **Am I trying to handle things on my own instead of leaning into community?**
- **Who in my life might need encouragement or support right now?**
- **Am I using the gifts God has given me to serve others?**

Try this:

- **Reach out to someone and offer encouragement or help**
- **Thank someone specifically for how they've impacted your life**
- **Look for one opportunity to serve within your community this week**

Remember

- **You were never meant to walk through life alone**
- **God places people in your life for support, growth, and purpose**
- **Every person has a unique role in the body of Christ**
- **Faithfulness in doing good will always produce fruit in time**

Prayer

Father God,

Thank You for placing people in my life to walk alongside me.

Help me to lean into community and not isolate myself.

Show me how I can encourage and support others with the gifts You've given me.

Give me strength to continue doing good, even when it feels difficult.

In Jesus' name,

Amen.

