



# GUIDED BIBLE STUDY

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## ♥ Being or Doing – Part 2

**Speaker: Pastor Alan Brooks**

### 📖 Highlighted Scripture

#### **Primary Passage**

**Luke 10:38–42 (ESV)**

**38 Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house.**

**39 And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching.**

**40 But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."**

**41 But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things,**

**42 but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."**

#### **Other Passages**

**John 11**

### 💬 Discussion Questions

**1. Which person do you most relate to and why... Mary or Martha?**

- 2. If you have been a “doer,” have you ever been guilty of accusing others of failing to do their part?**
- 3. How do you resonate with the idea that “our best doing comes from being with Jesus”?**
- 4. What practical steps can you and should you take to spend more time simply being with Jesus?**

### **Reflection Challenge**

**On this Thanksgiving Day, take intentional time to pause from the busyness, the cooking, the hosting, and the doing.**

**Choose one quiet moment today to sit with Jesus — no agenda, no tasks — and simply thank Him for who He is.**

**Let gratitude lead you into being rather than doing:**

**thank Him for His presence, His guidance, His love, and the gift of being His child.**

**And as you move through your day, remember also to be with your family — not just do for them.**

**Let your presence be a gift, not just your preparation.**

**Allow that stillness and thanksgiving to reshape the rest of your day.**

### **Closing Prayer**

**Father, thank You for reminding us that the greatest calling on our lives is simply to be with Jesus. Teach us to slow down, to quiet our anxious thoughts, and to choose the better portion just as Mary did. Help us reorder our lives so that our doing flows from time spent in Your presence. Make us more like Jesus as we sit at His feet, listen to His voice, and let His love shape who we are and what we do.**

**In Jesus' name, Amen.**







