

# GUIDED BIBLE STUDY

# Learning to Walk in True Humility

Speaker: Rob Riedel

### Highlighted Scripture

#### Matthew 23:12 (ESV)

"Whoever exalts himself will be humbled, and whoever humbles himself will be exalted."

#### James 4:6 (ESV)

"But he gives more grace. Therefore it says, 'God opposes the proud but gives grace to the humble."

#### Philippians 2:3 (ESV)

"Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves."

### **Psalm 149:4 (ESV)**

"For the Lord takes pleasure in his people; he adorns the humble with salvation."

### Romans 8:28 (ESV)

"And we know that for those who love God all things work together for good, for those who are called according to his purpose."

## Discussion Questions

1. Which scripture about humility spoke to you most today, and why?

- 2. Can you relate to Rob's realization that sometimes we do the right things for the wrong reasons?
- 3. In what areas do you personally struggle with pride or the desire to be seen?
- 4. What does genuine humility look like in practical, everyday life?
- 5. How does Romans 8:28 encourage you when you see flaws in your own motives or behavior?

# Reflection Challenge

This week, ask the Lord to help you honestly examine your motives. When you do something good, pause and ask:

"Am I doing this for God—or for recognition?"

Invite the Holy Spirit to gently reveal areas where pride still hides, and surrender those places to Him.

Practice one quiet act of service without anyone knowing—allowing humility to shape your heart from the inside out.



#### Dear Lord,

Teach us to let go of pride and selfishness and to embrace the humility that reflects Your love and grace.

Help us serve without seeking recognition, and shape our motives so they honor You.

Where we fall short, guide us, correct us, and remind us that You work all things for our good as we walk according to Your purpose.

Make us more like Jesus—gentle, humble, and willing to put others before ourselves.

In Jesus' name, Amen.