



GUIDED BIBLE STUDY

Aligning Our Hearts in Changing Seasons

Speaker: Pastor Tony Orihuela

Highlighted Scripture

Daniel 2:21

**“He changes the times and the seasons.
He removes kings and sets up kings.
He gives wisdom to the wise,
and knowledge to those who have understanding.”**

Connecting to Our February Focus

As we prepare our hearts for Lent, we are reminded that seasons do not change randomly – God changes seasons.

**Lent itself is a season.
A season of repentance.
A season of reflection.
A season of drawing near to God.**

Just as God establishes kings and removes kings, He also establishes spiritual seasons in our lives. Some seasons feel like growth. Some feel like pruning. Some feel uncomfortable. But none of them are outside of His authority.

Preparing our hearts means acknowledging:

- **God is in control of this season.**

- **God is shaping me in this season.**
- **God is giving wisdom for this season.**

Discussion Questions

- 1. What season of life are you currently in – growth, waiting, pruning, transition?**
- 2. Are you resisting this season, or are you trusting that God appointed it?**
- 3. What might God be trying to teach you through reflection and repentance this month?**
- 4. Where do you need wisdom and understanding right now?**
- 5. How can you intentionally align your heart with God's authority during Lent?**

Reflection Challenge

During this season of preparation:

- **Ask God to reveal areas where your heart is misaligned.**
- **Spend time in His Word daily to seek wisdom.**
- **Practice surrender by saying, "Lord, You are in control of this season."**

Remember:

- ✨ **Lent is not just about giving something up.**
- ✨ **It is about giving God authority over your heart.**
- ✨ **Wisdom begins when we recognize who is truly in control.**

Prayer

Father God,

You are the One who changes seasons and establishes authority.

As I prepare my heart during this time of reflection,

help me surrender fully to Your control.

Give me wisdom for this season.

Search my heart and align it with Yours.

Let this be a time of true repentance and renewal.

**In Jesus' name,
Amen.**

