



# GUIDED BIBLE STUDY

---

## **Opposites Don't Attract**

**Speaker: Julie Pedroza**

### **Highlighted Scripture**

#### **2 Timothy 1:7 (NKJV)**

**For God has not given us a spirit of fear, but one of power, love, and sound judgment.**

#### **Philippians 4:6–7**

**Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God.**

**And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.**

#### **Hebrews 11:1**

**Now faith is the reality of what is hoped for, the proof of what is not seen.**

#### **1 John 4:18**

**There is no fear in love; instead, perfect love drives out fear, because fear involves punishment. So the one who fears is not complete in love.**

### **Discussion Questions**

- 1. Julie challenges the saying "opposites attract." How do fear, worry, and doubt pull us away from the gifts God has given us?**
- 2. According to 2 Timothy 1:7, what has God given us instead of fear, and how should that shape the way we respond to difficult situations?**

- 3. Philippians 4:6–7 contrasts prayer and thanksgiving with anxiety. What happens to our hearts and minds when we choose prayer over worry?**
- 4. Julie listed qualities that come from God versus those that come from the enemy. Which list do you find yourself meditating on most often, and why?**
- 5. How does remembering God's perfect love, as described in 1 John 4:18, help free us emotionally, mentally, and spiritually?**

## **Reflection Challenge**

**Intentionally choose which “list” you will dwell on.**

**Ask yourself:**

- Am I clinging to fear or to God's promises?**
- Am I feeding my mind with worry or with truth?**
- What would change if I consistently meditated on God's love, peace, and power?**

## **Prayer**

**Lord,**

**Help us recognize how much better life is when we cling to You and Your blessings.**

**Teach us to release fear, worry, and things we cannot control, and to dwell instead in Your peace, love, and truth.**

**May our lives reflect Your presence so that others may see how deeply loved they are.**

**Help us remain rooted in You in every season.**

**In Jesus' name, Amen.**







