



God Family Country

GUIDED BIBLE STUDY

⚠️ Opposites Don't Attract

Speaker: Julie Pedroza

📖 Highlighted Scripture

2 Timothy 1:7 (NKJV)

For God has not given us a spirit of fear, but one of power, love, and sound judgment.

Philippians 4:6–7

Don't worry about anything, but in everything, through prayer and petition with thanksgiving, present your requests to God.

And the peace of God, which surpasses all understanding, will guard your hearts and minds in Christ Jesus.

Hebrews 11:1

Now faith is the reality of what is hoped for, the proof of what is not seen.

1 John 4:18

There is no fear in love; instead, perfect love drives out fear, because fear involves punishment. So the one who fears is not complete in love.

💬 Discussion Questions

- 1. Julie challenges the saying "opposites attract." How do fear, worry, and doubt pull us away from the gifts God has given us?**
- 2. According to 2 Timothy 1:7, what has God given us instead of fear, and how should that shape the way we respond to difficult situations?**

- 3. Philippians 4:6–7 contrasts prayer and thanksgiving with anxiety. What happens to our hearts and minds when we choose prayer over worry?**
- 4. Julie listed qualities that come from God versus those that come from the enemy. Which list do you find yourself meditating on most often, and why?**
- 5. How does remembering God's perfect love, as described in 1 John 4:18, help free us emotionally, mentally, and spiritually?**

Reflection Challenge

Intentionally choose which “list” you will dwell on.

Ask yourself:

- Am I clinging to fear or to God's promises?**
- Am I feeding my mind with worry or with truth?**
- What would change if I consistently meditated on God's love, peace, and power?**

Prayer

Lord,

Help us recognize how much better life is when we cling to You and Your blessings.

Teach us to release fear, worry, and things we cannot control, and to dwell instead in Your peace, love, and truth.

May our lives reflect Your presence so that others may see how deeply loved they are.

Help us remain rooted in You in every season.

In Jesus' name, Amen.

