



# GUIDED BIBLE STUDY

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## **From Routine to Relationship**

**Speaker: Rob Riedel**

### **Highlighted Scripture**

• **Matthew 15:8**

**Jesus warns about honoring God outwardly while allowing the heart to drift away from genuine relationship with Him.**

### **Discussion Questions**

- **Have you ever found yourself going through spiritual routines without feeling deeply connected to God?**
- **Why is it possible for good spiritual habits to become mere routines?**
- **What is the difference between performing religious activities and cultivating a relationship with God?**
- **Why do honesty and transparency matter in our prayers?**
- **What practical changes could help you become more intentional in your time with God?**

## **Reflection Challenge**

**This week, focus on the quality of your time with God rather than simply completing spiritual activities.**

**Ask yourself:**

- **Am I spending time with God out of obligation or desire?**
- **When I read Scripture, am I listening for what God wants to teach me?**
- **Have I allowed familiarity or busyness to dull my spiritual attentiveness?**

**Try this:**

- **Spend five minutes reading a single verse or short passage slowly.**
- **Before praying, pause and remind yourself that you are speaking with the living God.**
- **Be completely honest with God about where you are spiritually.**
- **Set aside one distraction during your devotional time and focus fully on God's presence.**

**Remember**

- **Spiritual habits are valuable, but they are meant to lead us into relationship with God.**
- **God desires our hearts, not just our routines.**
- **Honesty strengthens our fellowship with God.**

- **Slowing down often helps us hear God's voice more clearly.**
- **A relationship with God grows through intentional connection, not mere repetition.**

## **Prayer**

**Father God,**

**Thank You for inviting me into a relationship with You. Forgive me for the times I allow spiritual habits to become routine without engaging my heart. Help me slow down, listen carefully, and seek You with sincerity. Renew my love for Your Word, deepen my prayer life, and draw me closer to You each day. May my faith be more than a routine—may it be a living relationship with You.**

**In Jesus' name,**

**Amen.**











