



GUIDED BIBLE STUDY

Mustard Seed Faith

Speaker: Pastor Tony Orihuela

Highlighted Scripture

Matthew 17:19–21 (NKJV)

“Then the disciples came to Jesus privately and said, ‘Why could we not cast it out?’ So Jesus said to them, ‘Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, “Move from here to there,” and it will move; and nothing will be impossible for you. However, this kind does not go out except by prayer and fasting.”

Discussion Questions

- 1. Why do you think Jesus linked faith, prayer, and fasting together in this story?**
- 2. Are there areas in your life where you’ve prayed but haven’t yet seen change?**
- 3. How might adding fasting to your prayer life deepen your connection with God?**
- 4. What “mountains” in your life feel immovable right now—and how can faith change your perspective?**
- 5. How does understanding your new identity in Christ strengthen your faith to persevere?**

Reflection Challenge

Choose one specific area of your life that needs breakthrough.

This week, commit to a short time of prayer and fasting—whatever is realistic for you—and intentionally seek God about that situation.

Write down what you're asking Him to do, and pray this simple declaration:

"Lord, I trust You to move this mountain. Help me to walk by faith, not by sight."

At the end of your fast, reflect on how your heart, focus, or faith has changed.

Prayer

Lord Jesus, thank You for reminding me that some victories come only through prayer and fasting. Help me to strengthen my faith and trust You fully with every challenge I face. Teach me to walk by faith and not by sight. If there are mountains in my life that seem too big, help me remember that nothing is impossible with You. Renew my heart, restore my peace, and remind me that I am a new creation in You. In Your mighty name, Amen.

