



# ACTS

*the story of the Church*

## Sermon Guide

# WEEK 15

MOVING PAST YOUR COMFORT ZONE: DOING HARD THINGS

**Read:** Acts 18

### Consider:

As humans, we are conditioned to be in a state of homeostasis. Translated from Greek, the word itself means “to be in similar state,” but we can take it to mean “in a state of all things being equal, a state of comfort.” But what happens when we step outside of that comfort zone? Things get hard, as we are not accustomed to doing things that violate our sense of stability.

As Christ followers, we are not called to have a comfortable relationship with God, our surroundings, or ourselves. These relationships are dynamic and cause us to move beyond ourselves and press further into relationship with God the Father, God the Son, and God the Holy Spirit. From Paul preaching in a ‘tough’ city to Apollos being corrected by Priscilla and Aquilla, Acts 18 illuminates this dynamic of us moving beyond our comfort zone and doing things that make it hard to show our faith in God’s provision and his plan for salvation.

### Engage:

1. What has been hard in your life for you to accomplish? Why was it so hard?

2. How do you discern when something is of God and not of God?
3. What does it look like to trust God completely?

**Practice:**

1. Share ways in which you have been pushed outside of your comfort zone (spiritually, physically, emotionally). Was it something that you willingly accepted or fought? How/What did you learn from that experience? Did you learn that people were willing to help you that you didn't know could (i.e. Acts 18:9-10)?

**Ask:**

Did last week's sermon bring any questions to mind? Discuss with your group. Someone else might have had the same question or know how to answer yours! Still have questions? Feel free to reach out to Dominique at [dominique@hopefellowshipknox.com](mailto:dominique@hopefellowshipknox.com).

**WHO ARE YOU INVITING TO CHURCH THIS WEEK?**