

grace
KIDS

ELEMENTARY



WEEK ONE

DANIEL 3

Shadrach, Meshach,
and Abednigo

SAY
THIS

Trust that God is
always with you.

DO
THIS



MORNING TIME

When you see your child in the morning, tell them or hand them a special note saying, "Don't forget that God is always with you!"

REMEMBER THIS

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:6, NIV

LIFE
APP

CONFIDENCE—Living like you believe
what God says is true

HOW TO FIND REFRESHMENT
IN THE MIDDLE OF SUMMER

By Sarah Bragg

Think back to what summer was like before you were a grownup. Do you remember the glory of it? Summers used to be about recharging. Taking time off from the daily grind in order to come back refreshed.

I think the people who need refreshment the most are parents, yet it's sometimes most difficult for parents to find it. Instead, you find yourself just trying to hold on to your sanity as you try to figure out how to entertain your kids while school's out. You become a constant referee in sibling warfare and get lost in a never-ending state of laundry (how do they wear so many clothes?). And if you hear "I'm bored" one more time, you may lock yourself in a closet.

Summer comes and goes quickly. And much like a hurricane, your emotional, spiritual, and relational state of being can be tossed around and left in a state of destruction by the time school starts again. That's why it's important to think about how to safeguard your soul. Here's your challenge:

DAILY

Think about what you enjoy doing that doesn't cost you anything. Maybe it's drinking a cup of coffee in the morning all by yourself. Or maybe it's sitting under the twinkle lights on the patio at night after the kids are in bed. It's important to do something every day that refreshes you.

WEEKLY

Think about what you enjoy doing that doesn't cost much. Enlist the help of your spouse or friend or sitter for an hour or two. You could go to a local coffee shop or take a walk around the neighborhood or on a local trail or greenway. This shouldn't cost much. Just getting a little time alone away from the kids can breathe life back into your weary soul.

MONTHLY

Think about what you enjoy doing that costs a little bit more time (and maybe money.) For my husband and I, having a monthly date night on the calendar gives us something to look forward to. And I always come back home feeling refreshed.

Not only is it good for your emotional, relational, and spiritual well-being to take care of yourself, but it's good for your kids. They need you to be rested and refreshed. They need to see you prioritize your well-being so they can also learn to do the same.

I can't cure the sibling fights or the mounds of laundry, but I can promise you that you can still experience refreshment even in the middle of summer.

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and parenting resources, visit:
ParentCue.org

Download the free **Parent Cue App**

AVAILABLE FOR IOS AND ANDROID DEVICES

READ ISAIAH 43:2

DAY 1

Read Isaiah 43:2 out loud three times. As you read it, do the following motions.

You will pass through deep waters. *(Pretend like you're rowing a boat, and the oar is really heavy, as though the waters are very deep.)*

You will pass through the rivers. *(Pretend like you're swimming.)*

You will walk through fire. *(Pretend like you're hopping over flames.)*

For the other parts of the verse, stand tall with your arms on your hips like you're a superhero. Because, with God, you ARE! You can have confidence this week no matter what you face because God is ALWAYS with you!

THANK God for always being with you.

READ JOSHUA 1:9

DAY 2

Make a list of all of the places you will go this week. Don't forget your after-school activities, or any errands you run with your mom or dad!

- | | |
|--------------------------------|--------------------------------|
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |
| <input type="checkbox"/> _____ | <input type="checkbox"/> _____ |

Now, before you read any further go back and put a check mark by all the places that God will be with you as you go.

Did you put a check mark by every place? You should have! Because it's true. God does go with you EVERYWHERE you go! How does knowing that give you confidence?

KNOW that God is with you wherever you go!

READ PSALM 46:1-3

DAY 3

There are certain things in life that you can trust will always happen. Match the lists below to discover the things you can always trust.

Sun	Must come down
100 degrees C	Miss your alarm
Babies	Water freezes
What comes up	Rises and sets
32 degrees C	Water boils
Stay up too late	Always cry

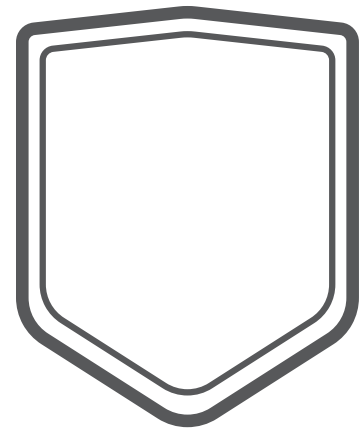
And here's the most important one: You can trust God is ALWAYS with you! You can trust Him no matter what, because He will never leave your side. You never have to be afraid when the God who made the mountains and the seas is with you!

LOOK for things all day that you can trust will happen.

READ PSALM 119:114

DAY 4

Grab the thickest piece of paper you can find and cut out a big shield shaped like the one to the right: (Save those leftover scraps!) It is comforting to know that we're not alone in this world. God is with us wherever we go, and He keeps us safe. It's a lot easier to face whatever the world throws at us when we know that God is with us!



On the front of the shield, decorate it with words that remind you of God's strength. Words like, "strong," "all-knowing," "powerful," "unstoppable," "creator," "Savior" ... the list goes on and on! After you've decorated the shield (feel free to draw on it and color it too!), use some of the leftover scraps and some tape to attach a handle to the back of your shield so you can hold it up in front of you, like a soldier would in battle.

Now, hang the shield somewhere you can see it every day to be reminded that God is your place of safety, and He will give be there for you no matter what.

ASK God to help you remember that He is your place of safety.

TRUST THAT
GOD
IS ALWAYS
WITH YOU.