

grace
KIDS

ELEMENTARY



WEEK FOUR

ACTS 4:1-22

Peter and John
Before the Sanhedrin

SAY
THIS

When Jesus is with you,
you can face anything.

DO
THIS



DRIVE TIME

While in the car, start a conversation with your kid by asking the following questions. "What challenges are you facing this week? Anything you are nervous about? What would trusting that Jesus is with you facing those challenges look like?" Give your kid some ideas on how to face these challenges by encouraging them to pray, journal, or complete GodTime cards.

REMEMBER THIS

"Being confident of this, that he who began a good work in you will carry it on to completion until the day of Christ Jesus."
Philippians 1:6, NIV

LIFE
APP

CONFIDENCE—Living like you believe
what God says is true

PARENTING DANGEROUSLY CLOSE TO EMPTY

By Amy Fenton

I'm a single mom managing three kids, trying to take care of my house, the bills, the food, and our schedules. I work full-time, plus side jobs, and I often find myself parenting dangerously close to empty. When I get to this point, I am reminded of a few principles I learned from the book *Leading on Empty: Refilling Your Tank and Renewing Your Passion* by Wayne Cordeiro that resonate in my parenting.

KNOW WHAT FILLS YOUR TANK AND WHAT DRAINS IT.

Make a list of "Fill" and "Drain" items. Our life, our very soul, has to be filled up in order to pour out. If I were to keep driving my car way past empty, my car would stall. If I only put three gallons of gas in each time I stopped to fill it, I wouldn't make it very far. We are the same way. Are you putting in more than you're giving out?

UNDERSTAND BALANCE IN LIFE.

I think for most of us, if we were to define balance in life we might draw a seesaw with family on one side and work on the other. That is not really how life works. Our family has to be at the center, where the seesaw pivots. If you lose a job, you start interviewing for another. If you lose your family, you lose everything.

LEAD OUT OF REST.

We don't mess up as parents because we are evil. It is often because we are exhausted. Look at your calendar with rest in mind. Schedule your rest points first—your days off and your vacation. Get enough sleep. (The average person needs 7-8 hours. If you aren't getting that, you aren't the best you.)

FIND SOMEONE TO BE YOUR LIGHTNING ROD.

Who is your person that you can be totally honest with and who can be honest with you? If you're a single parent, you don't have a spouse to bounce things off of. You need a person so you don't dump it out on your family. Find someone who can take it, listen, and then ground you—just like a lightning rod.

PRIORITIZE YOUR RELATIONSHIP WITH GOD.

He has all of this. He's got our mess. It doesn't take Him by surprise. He loves us more than we can ever fathom. He is in control and He wants the best for us. He doesn't want us to live dangerously close to empty at any moment. He wants us to live rich full lives that honor Him.

For more blog posts and parenting resources, visit:
ParentCue.org

READ PSALM 91:14-15

DAY 1

Write out Psalm 91:14-15 and circle all the words that have to do with how God keeps you safe.

How many words did you circle? You should have around six things circled. So many ways that God promises He will keep us safe! What a gift to know that Jesus is always with us. We can face anything with Him by our side!

THANK God for always being with you and keeping you safe.

READ PHILIPPIANS 4:13

DAY 2

Fill in the blanks below using the letter bank to reveal things that make you stronger and more powerful.

V _ _ _ E _ _ _ B _ _ ES
_ _ _ ER _ _ ISE
P _ O _ E _ N
_ _ E _ _ _ HTS
_ _ _ D
J _ _ _ U _ _

Yes, it's true that taking care of our bodies with the things we eat and the exercises we do can make us stronger. But did you know that spending time with Jesus can make you stronger in other ways? When Jesus is with you, you are strong enough to face anything!

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ASK God to help you rely on Jesus for your strength today.

READ 1 CORINTHIANS 10:13

DAY 3

Walk around your house and count all the ways you could “escape” your house if you needed to. How many doors, windows, doggie doors, or garage doors do you have? _____

Even if you only have one or two, that’s really all you need, right? And the great news, when it comes to life, is that God has promised to give you all you need to escape temptation. If there is something you know you shouldn’t be doing, but you aren’t sure how to stop or if you have a friend who is always asking you to do something you know isn’t good, God has promised a way out for you. You can walk out of the situation with confidence that Jesus is with you always!

THANK God for providing an escape route whenever temptation comes knocking.

READ ISAIAH 41:10

DAY 4

Take a dry erase marker into the bathroom and look in the mirror. As you look at your reflection, think about the things that you are facing right now that are hard, or something you are nervous about that is happening soon. Make a worried face in the reflection.

With a parent’s permission, write Isaiah 41:10 on the mirror, above where your face’s reflection is. Then, look in the mirror again and strike a confident pose. Whatever it is that you’re facing right now, you can face it with confidence because Jesus is with you!

KNOW that when Jesus is with you, you can face anything!

WHEN
JESUS
IS WITH YOU,
YOU CAN FACE
ANYTHING.

