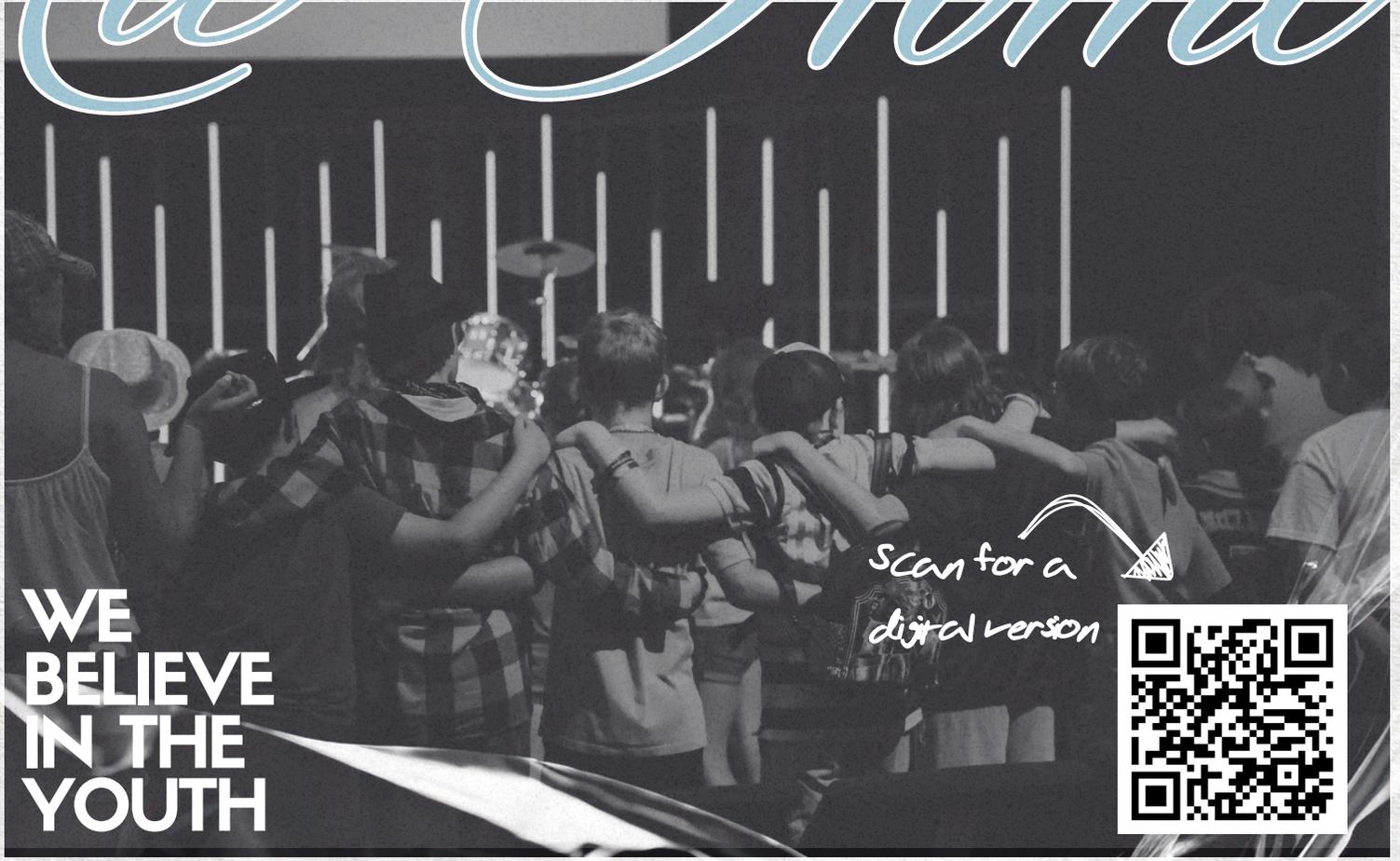


GRACE STUDENTS

DISCIPLE

@ Home



**WE
BELIEVE
IN THE
YOUTH**

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You shall therefore lay up these words of mine in your heart and in your soul, and you shall bind them as a sign on your hand, and they shall be as frontlets between your eyes. You shall teach them to your children, talking of them when you are sitting in your house, and when you are walking by the way, and when you lie down, and when you rise. You shall write them on the doorposts of your house and on your gates,

Deuteronomy 11:18-20

PARENTS,

One of our greatest passions at Grace Students is not just creating meaningful moments for your student on Sunday nights, but helping faith grow strong in your home all week long. We believe that parents are the primary disciplers of their children, and our heart is to come alongside you as a true partner in your child's spiritual journey.

That's why we have provided this weekly resource called Disciple @ Home. Each series we provide you with a resource for you to continue the conversation at home with your student. Included is...

- A brief summary of the message we taught your student.
- Discussion questions to guide meaningful conversations at home.
- A weekly challenge designed specifically for you as parents to live out faith in front of your child.
- A discipleship tip for building rhythms of faith in your home that connect directly with what we're teaching.
- Prayer points to pray over your student that align with what God is stirring in their life.

We know life is busy, but we also know that the conversations, prayers, and intentional moments you have with your student at home are what make faith real and lasting. What happens within your family during the week is just as important—if not more—than what happens within the walls of our church. That's why we are asking you to commit to leaning into these tools each week. When students consistently show up to youth group and then continue the conversation with their parents at home, the impact is multiplied. That's where discipleship takes root and grows deep. Your presence, prayers, and intentional leadership in your child's life make all the difference.

Thank you for prioritizing your student's faith journey and for allowing us to partner with you. We can't wait to see how God will use Disciple @ Home to strengthen families and raise up a generation of students who live fully devoted to Jesus. We believe in the youth—your student included—and we believe in you.

With excitement and gratitude,

Pastor Kaleb

Grace Students

LAYOUT

MARCH | “ALL THE FEELS”

In March, we are going to spend time in a series we're calling “All the Feels.” Each week, we'll look at a healthy emotion and see what can happen if we don't figure out how to channel that emotion in the right direction.

March 1: All the Feels Week #1

March 8: All the Feels Week #2

March 15: All the Feels Week #3 / **Student section in 11:30a service**

March 22: All the Feels Week #4

March 29: Family Worship Night / Special Family Message

APRIL | INFLUENCER

This two-week series will help students discover that authentic leadership begins with their identity in Christ and flows through their everyday examples rather than position or popularity.

April 5: Easter / No Youth Group

April 12: Influencer Week #1 / **Student Section in 11:30a service**

April 19: Influencer Week #2

April 26: Tough Topics Stand alone Message

MAY | FIGHTING FAIR

In May, we will begin a series called “Fighting Fair.” This series will help students learn that our role as Christ-followers isn't necessarily to avoid conflict, it's to resolve conflict in a healthy, respectful way.

May 3: Fighting Fair Week #1

May 10: Mothers Day / No Youth Group

May 17: Fighting Fair Week #2 / **Student Section in 11:30a service**

May 24: Fighting Fair Week #3

May 31: Fighting Fair Week #4

MARCH 1 - INVITE NIGHT

Our Invite Nights happen one weekend each month. These are extra exciting nights with live worship, fun surprises, and a special message to help launch the new topic.

MARCH 29 - FAMILY WORSHIP NIGHT

Join us for a night of worship led by students. Your family is invited to come and worship together during our normal time for Grace Students from 6-9pm. Pastor Kaleb will be bringing a message on family!

APRIL 5TH - NO YOUTH GROUP

Happy Easter! Enjoy the evening with your family!

APRIL 12TH- INVITE NIGHT

Our Invite Nights happen one weekend each month. These are extra exciting nights with live worship, fun surprises, and a special message to help launch the new topic.

MAY 3 - INVITE NIGHT

Our Invite Nights happen one weekend each month. These are extra exciting nights with live worship, fun surprises, and a special message to help launch the new topic.

JUNE 7 - YOUTH GROUP SOCIAL NIGHT

We will have a night to kickoff the summer and hangout in our backyard space!

JUNE 14 - LEVEL UP WEEKEND

Level Up Weekend is our incoming 6th grade students first weekend at Grace Students and our last weekend with our seniors!

MARCH 15, APRIL 12, & MAY 17 - STUDENT SECTION @ 11:30A SERVICE

Student Sections each of these days will happen during our 11:30a weekend service. Students and leaders will sit together in the service and worship

ALL THE FEELS



WEEK #1 - MARCH 1

Big Idea of the Sermon

Anger motivates, but hatred consumes.

Scriptures Covered in the Sermon

Ephesians 4:26–27, Matthew 5:21–22, 1 John 4:20, Matthew 5:43–44, Colossians 3:12–13

Overview of the Sermon

This week we talked about anger, not as something sinful by default, but as a powerful emotion that must be handled carefully. Scripture makes it clear that anger itself is not wrong; however, when left unchecked, it can grow into resentment, bitterness, and even hatred. Jesus challenges us to look beyond our actions and examine our hearts, warning that contempt and rage can take root long before outward harm occurs. Students were encouraged to identify their anger triggers, let go of grudges through forgiveness, and turn righteous anger into positive action rather than allowing it to become destructive. Ultimately, we emphasized that anger can either motivate growth and justice or consume relationships and spiritual health.

A Thought for the Home

When your student expresses anger, resist the urge to immediately correct it. Instead, try to help them name the anger. Teaching them to process anger calmly will help prevent it from turning into resentment.



WEEK #1 - MARCH 1

Discipleship @ Home

Create a simple daily check-in at dinner or before bed: ask, "What frustrated you today?" Then follow it with, "How did you respond?" Help your student reflect on whether they controlled their anger or let it control them.

Continue the Conversation

-What usually makes you the most angry right now? Why do you think that triggers you?

-When you get angry, do you tend to react quickly, shut down, hold a grudge, or talk it out? How has that response helped or hurt you?

-Jesus talks about anger in the heart, not just actions. Why do you think what happens internally matters so much?

-Is there anyone you might need to forgive right now? What would taking a first step toward that look like?

7) Prayer Prompts for Your Student

-Pray that your student would recognize anger early and respond in a way that honors God.

-Pray that any hidden resentment or grudges in their heart would be replaced with forgiveness.

-Pray that God would give them courage to turn righteous anger into positive action when they see injustice.

-Pray that their heart would remain soft, not hardened by bitterness or contempt.



WEEK #2 - MARCH 8

Big Idea of the Sermon

Love builds up, but lust objectifies.

Scriptures Covered in the Sermon

Matthew 5:27-30, Proverbs 4:23

Overview of the Sermon

This week we continued our All The Feels series by talking about attraction and the important difference between love and lust. Students were reminded that feelings of attraction are not sinful in themselves, they are part of how God designed us. However, what we do with those feelings matters deeply. Jesus challenges us in Matthew 5 to look beyond outward actions and examine the intentions of our hearts. Love is selfless and seeks to build others up, while lust is selfish and reduces others to objects for personal gratification. Because lust begins in the heart, it can quietly grow if left unchecked. Students were encouraged to guard their hearts intentionally, evaluate the media they consume, and support one another in living lives marked by love rather than selfish desire.

A Thought for the Home

Create a safe environment where conversations about attraction, relationships, and sexuality are normal, not awkward or shaming. When your student knows they can talk openly with you, secrecy begins to lose its power.



WEEK #3 - MARCH 15

Big Idea of the Sermon

Joy celebrates, but pride excludes.

Scriptures Covered in the Sermon

Romans 12:3, Proverbs 11:2, Proverbs 13:10, Proverbs 16:18, Proverbs 29:23, James 1:17

Overview of the Sermon

This week we talked about success, celebration, and the subtle danger of pride. It feels good to accomplish something, making a team, earning a high grade, receiving recognition and those feelings aren't wrong. However, Scripture warns us that pride can quietly shift our focus inward, convincing us that our success is entirely self-made. James 1:17 reminds us that everything we have is a gift from God, and Proverbs repeatedly shows that pride leads to conflict, disgrace, and destruction. True joy, on the other hand, flows from humility. Recognizing that our abilities and opportunities are gifts from God. When we hold our successes with "open hands," we are free to celebrate others instead of competing with them and experience deeper, lasting joy.

A Thought for the Home

When your student succeeds, celebrate their hard work but also gently point them back to gratitude. Helping them connect their gifts to God's grace builds humility without diminishing confidence.



WEEK #3 - MARCH 15

Disciple @ Home

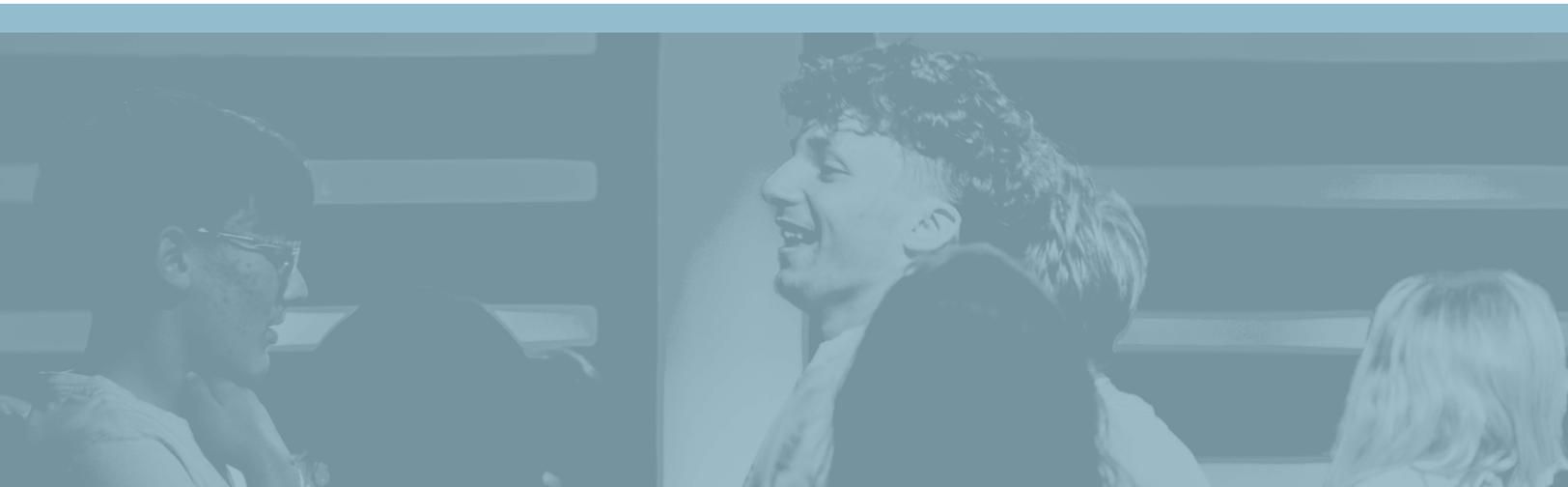
Practice daily gratitude together. At dinner or before bed, have each family member share one thing they're thankful for that day, specifically naming that thing as a gift from God (James 1:17).

Continue the Conversation

- When you succeed at something, what thoughts usually go through your mind?
- Why do you think pride can feel good at first but become damaging over time?
- Is it easy or hard for you to celebrate someone else's success? Why?
- What does it look like to hold your gifts and achievements with "open hands" instead of a tight grip?

Prayer Prompts for Your Student

- Pray that your student would recognize their gifts and abilities as blessings from God.
- Pray that God would protect their heart from comparison, jealousy, and pride.
- Pray that they would experience deep joy rooted in gratitude rather than performance.
- Pray that they would become someone who celebrates and builds up others.



WEEK #4 - MARCH 22

Big Idea of the Sermon

Sadness honors loss, but shame condemns.

Scriptures Covered in the Sermon

Genesis 2:25-3:10, Psalm 34:17-18, Romans 12:15

Overview of the Sermon

This week we wrapped up our All The Feels series by talking about the difference between sadness and shame. Students were reminded that sadness is a natural and healthy response to loss, it helps us honor what we've lost and move toward healing. Shame, however, tells us that something is wrong with us rather than simply acknowledging that something painful happened. In Genesis 3, Adam and Eve's shame caused them to hide from God. In contrast, Psalm 34 reminds us that God draws near to the brokenhearted. Students were encouraged to run toward God instead of away from Him in moments of pain, identify trusted people as part of their "support system," and show up for others who are hurting.

A Thought for the Home

When your student expresses sadness, resist the urge to fix it immediately. Create space for them to feel and process it, sadness needs presence, not quick solutions.



WEEK #4 - MARCH 22

Disciple @ Home

Start a simple emotional check-in at home. Once a day, ask: “What are you really feeling today?” Model vulnerability by sharing your own answer first to create safety.

Continue the Conversation

- What do you think is the biggest difference between sadness and shame?
- When you're hurting or embarrassed, do you tend to open up or shut down? Why?
- Psalm 34 says God is close to the brokenhearted. What makes it hard to believe that when you're struggling?
- Who would you consider part of your “support system” when you're feeling overwhelmed?

Prayer Prompts for Your Student

- Pray that your student would know they are deeply loved by God, even in their lowest moments.
- Pray that they would feel safe bringing their sadness to God instead of hiding in shame.
- Pray that God would provide trusted people in their life to support them.
- Pray that they would grow in compassion and learn to “weep with those who weep.”

