

DISCIPLESHIP GUIDE

A Life-Group guide for sermon discussion, personal reflection, and next steps



HOW TO USE THIS GUIDE

As disciples, we're called not just to be informed but to be transformed into people who look more like Jesus—in our homes, our workplaces, and our communities. This guide helps you apply what we're learning at New Life Church to your weekly rhythms. Use it to engage in daily Bible reading, have meaningful conversations with your group, and take clear next steps in following Jesus.

WEEKLY SUMMARY

Speaker: Chris Rand Date: May 24, 2026 Series: Names of God

This week focused on the name Adonai, meaning Lord, Master, Owner, and Ruler. Chris showed that this name points to God's supreme sovereignty and calls us to trust Him not only as the One who saves us, but as the Lord who rules every part of our lives. Through Abram, we see that Adonai is sovereign over our story even when we have questions. Through Moses, we see that Adonai's call does not depend on our credentials. Through Jesus' call to deny ourselves and follow Him, we are invited to surrender every decision, fear, desire, and next step under His lordship.

The heart of the message is simple and searching: if God is truly Adonai, then our lives are no longer our own. We can step into obedience with confidence because the Lord who calls us is also the Lord who equips us.

RESOURCES

- [Adonai: Lord and Master](#)
- [Table Talk Podcast](#)
- [Download the New Life Church app](#)

KEY VERSE

"But Abram said, O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?"

Genesis 15:2 ESV

GROUP DISCUSSION



- Genesis 15:1-8 shows Abram bringing honest questions to God while still calling Him Adonai. Where do you need to trust that God is sovereign over your story right now?
- Chris said Adonai is a name of personal communication between a believer and God. What does it look like to bring doubts, questions, and needs to the Lord with humility rather than distance?
- Genesis 15:2 and 15:8 show Abram asking God about both his future and God's promise. How does God's patience with Abram shape the way you pray?
- Exodus 4:10-12 shows Moses focusing on what he could not do. Where are you tempted to disqualify yourself before you even step into obedience?
- The message reminded us that God does not only call the equipped; He equips the called. What next step might God be asking you to take that requires dependence on Him?
- Matthew 28:18-20 connects Jesus' authority with our mission to make disciples. How does knowing Jesus has all authority change the way you view evangelism, serving, or leadership?
- Matthew 16:24-26 calls disciples to deny themselves, take up their cross, and follow Jesus. What area of your life needs to come more fully under the lordship of Jesus?
- Chris said surrender does not mean we stop making decisions; it means every decision falls under Jesus' lordship. What practical decision this week can you submit to Adonai?

WEEKLY CHALLENGE

Choose one area where you have been saying, "Lord, I cannot," and turn it into a prayer of surrender: "Adonai, You can." Then take one obedient step this week. That may mean joining a Life Group, serving on the Dream Team, inviting someone into community, sharing your faith, or submitting a specific decision to Jesus. As New Life helps people Know God, Find Freedom, Discover Purpose, and Make a Difference, ask the Lord to move you from knowing His name to living under His lordship.

PRAYER GUIDE

Pray for each person in the group to know God as Adonai - not only as Savior, but as Lord, Master, Owner, and Ruler. Ask Him to expose places of fear, self-reliance, and resistance. Pray for courage to obey His call, trust His timing, and surrender every part of life under the lordship of Jesus.

CLOSING THOUGHT

"Then Jesus said to his disciples, Whoever wants to be my disciple must deny themselves and take up their cross and follow me."

Matthew 16:24 NIV

Adonai is not a name we simply learn; it is a name we live under. As you leave group this week, remember that Jesus is Lord over your story, your calling, your fears, and your future. Because He is sovereign, you can surrender with confidence.