

# DISCIPLESHIP GUIDE

A Life-Group guide for sermon discussion, personal reflection, and next steps



## EL ELYON: GOD MOST HIGH

Names of God | Dan Smith | May 31, 2026

### HOW TO USE THIS GUIDE

As disciples, we're called not just to be informed but to be transformed into people who look more like Jesus—in our homes, our workplaces, and our communities. This guide helps you apply what we're learning at New Life Church to your weekly rhythms. Use it to engage in daily Bible reading, have meaningful conversations with your group, and take clear next steps in following Jesus.

### WEEKLY SUMMARY

El Elyon means God Most High. In this message, we are reminded that something always holds the highest place in our thoughts, decisions, emotions, and lives. Fear, control, money, politics, pain, and people's opinions may feel loud, but none of them are higher than God. The Most High is not distant; He is near enough to shelter those who dwell with Him. Because Jesus has the name above every name, no enemy, circumstance, sin, shame, or past gets the final word. God alone is Most High, and in Christ we can bow now, receive mercy, and live under His authority and covering.

#### RESOURCES

- [Sunday's Sermon](#)
- [Table Talk Podcast](#)
- [Download the New Life Church app](#)

#### KEY VERSE

**"He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty."**

[Psalm 91:1](#)

# GROUP DISCUSSION



## EL ELYON - GOD MOST HIGH

- **Psalm 91:1** says the one who dwells in the secret place of the Most High abides under the shadow of the Almighty. Where have you felt exposed, pressured, or uncovered lately?
- Dan said everybody has something they treat as most high. What has been getting the highest place in your thoughts, decisions, emotions, or schedule?
- The message reminded us that the safest place is not the absence of trouble, but the presence of the Most High. How does that change the way you see storms, spiritual attack, or fear?
- **Psalm 57:2** shows David crying out to God Most High while hiding in a cave. What is one 'cave' you are facing, and how can you remember that it is still under God's feet?
- **Genesis 14:18-20** calls God Most High the Creator and Possessor of heaven and earth. What part of your 'corner of the cosmos' - home, money, work, relationships, future - needs to come back under His authority?
- **Psalm 78:35** calls the Most High God our Redeemer. Where do you need to believe that your story is not over because Jesus redeems what sin, shame, or failure tried to define?
- **Philippians 2:9-11** says Jesus has the name above every name. What would it look like this week to bow now in surrender instead of waiting until pressure forces your attention?

## WEEKLY CHALLENGE

Choose one area where something other than God has been functioning as 'most high.' Name it honestly in prayer, surrender it to Jesus, and take one practical step that helps you Know God, Find Freedom, Discover Purpose, or Make a Difference under His authority.

## PRAYER GUIDE

Pray for the Holy Spirit to reveal anything that has taken the highest place in your heart. Ask Jesus to be Lord over your thoughts, home, work, relationships, money, and future. Pray for courage to draw near, stay close, and trust the covering of the Most High even when life feels over your head.

### CLOSING THOUGHT

**"Therefore God exalted him to the highest place and gave him the name that is above every name..." - Philippians 2:9**

Whatever has the highest place gets the final word. This week, let Jesus have the highest place again - not just in belief, but in surrender, obedience, trust, and worship.