



## The Fight - Part 5

### Training to Win

Hebrews 12:6-8 (NLT)

For the Lord disciplines those he loves, and he punishes each one he accepts as his child." As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father? If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all.

*Discipline is nothing something Jesus does to us, it's something Jesus does for us.*

Proverbs 15:10 (AMP)

There is severe discipline for him who turns from the way [of righteousness]; And he who hates correction will die.

1. Start now.

Hebrews 12:11 ESV

For the moment all discipline seems painful rather than pleasant, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Proverbs 12:1 NIV

Whoever loves discipline loves knowledge, but he who hates correction is stupid.

Proverbs 13:24 NIV

Whoever spares the rod hates his son, but he who loves him is diligent to discipline him.

2. Discipline for motivation not humiliation.

Ephesians 6:4 (AMP)

Fathers, do not provoke your children to anger [do not exasperate them to the point of resentment with demands that are trivial or unreasonable or humiliating or abusive; nor by showing favoritism or indifference to any of them], but bring them up [tenderly, with lovingkindness] in the discipline and instruction of the Lord.

3. Don't give in or no one will win.

Hebrews 12:10-11 (NLT)

For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness. No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

4. Punishment is part of discipline and the punishment should match the crime.