



Grace in the Depths

Jonah 1:17-2:10

As a Life Group or Family:

1. Pray for one another.
2. Pray for those who don't know Christ by name.
3. Ask each other: "What has God done in your life this week?"
4. Ask each other: "What has God taught you this week?"
5. Ask each other: "Have you shared Jesus with anyone this week?"
6. How can you serve together as a group?

1. As a group, read Jonah 1:17-2:10 together.
2. How was the storm and, now, the fish a gift of God's grace to Jonah? Has God ever used what you might interpret as negative as a way of showing you His grace?
3. Throughout Jonah's prayer in the belly of the fish, he never admits or acknowledges his sin. Why do you think this is? Do you think Jonah is truly repentant or is he continuing to be hypocritical? How are we guilty of this in our own lives?
4. Why and how should repentance be an ongoing rhythm in the life of a believer?
5. As we look at Jonah's prayer, we see that it is the recitation of several Psalms. What does this tell us about the Word of God in relation to our prayer life and our confession of sin and repentance?
6. As a believer, the result of repentance is restored fellowship with God, renewed faith, and renewed purpose. How have you personally experienced this as you have dealt seriously with sin and repentance in your own life?
7. What's something God has taught you through this passage?