

*“All things are  
lawful,” but not all  
things are helpful.  
“All things are  
lawful,” but not all  
things build up.*

*- Apostle Paul -*

# Snapchat Jesus

(12 ways your phone is changing you)

Do you control your phone —  
or does your phone control you?



## The Word Became Flesh

1 In the beginning was the Word, and the Word was with God, and the Word was God. 2 He was with God in the beginning. 3 Through him all things were made; without him nothing was made that has been made. 4 In him was life, and that life was the light of all mankind. 5 The light shines in the darkness, and the darkness has not overcome it. John 1:1-5



**1. We are  
addicted to  
distraction**



**2. We ignore our  
flesh and blood**



**3. We crave  
immediate  
approval**

undistracted hearts before him. To that end, here are ten diagnostic questions we can ask ourselves in the digital age:

1. Do my smartphone habits expose an underlying addiction to untimely amusements?
2. Do my smartphone habits reveal a compulsive desire to be seen and affirmed?
3. Do my smartphone habits distract me from genuine communion with God?
4. Do my smartphone habits provide an easy escape from sobered thinking about my death, the return of Christ, and eternal realities?
5. Do my smartphone habits preoccupy me with the pursuit of worldly success?
6. Do my smartphone habits mute the sporadic leading of God's Spirit in my life?
7. Do my smartphone habits preoccupy me with dating and romance?
8. Do my smartphone habits build up Christians and my local church?
9. Do my smartphone habits center on what is necessary to me and beneficial to others?
10. Do my smartphone habits disengage me from the needs of the neighbors God has placed right in front of me?

Let's be honest: our digital addictions (if we can call them that) are welcomed addictions. The key is to move from being distracted on purpose to being less and less distracted with an eternal purpose. . . . and they touch every area of life—God, spouse, . . . this sting can

