



FREE FROM ADDICTION | BE FREE

With Teen Challenge | Text: Proverbs 25:28

Proverbs 25:28 - 28 A person without self-control is like a city with broken-down walls.

"If you lose self-control, everything will fall." – **John Wooden**

Where are the broken down walls in my life? → A broken down wall is an area of my life where i do not have self control. → Food, temper, online shopping, gambling, pornography, social acceptance, drugs, alcohol → Maybe an addiction, but, in the least...it is causing damage to my life, marriage, kids, career...

- 2 Cor. 5:17 → **Now what does a new creation think & act like?**
- If I believe in Jesus, I'm saved. → Salvation → But, if I LISTEN & OBEY Jesus, I'm FREE. → Deliverance
- 2 Tim. 1:7 → Gal. 5:22-23 → **When we listen & obey the Holy Spirit...we GROW.** → My hope.
- TC → Inspired...challenged. Where, in my life, can i grow in in the discipline of self-control?

TEEN CHALLENGE VIDEOS & TESTIMONIES: 30-35 Minutes

FINAL SLIDE → **Be free from addiction!** → **PRAYER**

TALK ABOUT IT - Questions to GROW through with family, friends, & myself.

1. Have I ever witnessed someone who was out of control? What damage was done?
2. What is the difference between "salvation" and "deliverance?" How is God involved?
3. Why is self-control considered to be a fruit of the Spirit? How does God grow this characteristic?
4. How have the Teen Challenge testimonies inspired and challenged me to grow with God?
5. **PRAYER:** "Father, free us from anything that controls us. You have saved us to serve you with our whole hearts!"

LINKS / RESOURCES:

Teen Challenge USA: <https://teenchallengeusa.org>
 Teen Challenge of Southern California: <https://www.teenchallenge.org>
 Teen Challenge of Orange County: <https://www.teenchallenge.org/centers/orange-county/>

QUOTES / SONGS:

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SCRIPTURES: New Living Translation unless otherwise noted.

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2 Corinthians 5:17 This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

2 Timothy 1:7 For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline.

Galatians 5:22-23 But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, and self-control. There is no law against these things!