

THE END OF HIDING

HOW JESUS REDEEMS SHAME

JANUARY 4, 2026

THE END OF HIDING Notes
How Jesus Redeems Shame
January 4, 2025 Notes
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This message moves from
my story → our story → God's story

Guilt says:
"I did something wrong."

Shame says:
"I am something wrong."

Shame attacks our identity,
not just our behavior.

Shame is not just emotional.
Shame is theological.

It fractures our relationship with:

- God
- others
- ourselves

Shame is the soul's awareness of exile.

Genesis 2:25 (NIV)

“Adam and his wife were both naked, and they felt no shame.”

Genesis 3:7 (NIV)

“Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.”

Sin introduced separation.

Shame produced the instinct to hide.

We still try to cover ourselves with:

- success
- image
- achievement
- control

We hide because we fear being seen. We cover because we no longer trust love.

Shame affects us:

- Spiritually — separating us from God
- Socially — isolating us from others
- Psychologically — fragmenting our sense of self

Shame moves us away from God instead of toward God.

Revelation 12:10 (NIV)

“For the accuser of our brothers and sisters, who accuses them before our God day and night...”

Satan is the accuser.

He tempts us before sin
and condemns us after sin.

If guilt is the hook,
shame is the chain.

Genesis 3:21 (NIV)

“The Lord God made garments of skin for Adam and his wife
and clothed them.”

God did not tell humanity to fix itself.
God provided covering.

Covering always comes before restoration.

Deuteronomy 21:23 (NIV)

“...anyone who is hung on a pole is under God’s curse.”

Galatians 3:13 (NIV)

“Christ redeemed us from the curse of the law by becoming
a curse for us...”

At Calvary, the curse fell on Him
so the blessing could fall on us.

Hebrews 12:2 (NIV)

“For the joy set before him he endured the cross, scorning
its shame...”

Jesus was:

- stripped
- mocked
- exposed

Jesus bore our shame so we could live unashamed.

Romans 8:1 (NIV)

“Therefore, there is now no condemnation for those who are in Christ Jesus.”

In Christ, you are:

- justified
- adopted
- sealed

You are no longer defined by your past but by His finished work.

Freedom comes through:

- confession
- community
- the Holy Spirit

1 John 1:7 (NIV)

Healing begins where hiding ends.

What is brought into the light loses its power.

Shame says: “You are what you did.”

The gospel says: “You are what Christ has done.”

You do not have to hide anymore.

The place where you once hid can become the altar where freedom begins.