

Theology of Prayer:
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Chapter 3: Prayer of Examen

If the examination is solely a self-examination, we will always end up with excessive praise or blame. But under the searchlight of the great Physician we can expect only good always. P. 30

We practice it by turning inward. Not outward, not upward, but inward. P. 32

*We shrink to step across the threshold of ourselves. We do not hesitate to stick our hands into a throng and shake a thousand others. But turning from others, we face our inner self with fear. Why?
Calvin Miller*

Chapter 4: Prayer of Tears

...being "cut to the heart" over our distance and offense to the goodness of God (Acts 2:37). It is weeping over our sins and the sins of the world. It is entering into the liberating shocks of repentance. P. 37

We're more concerned about our own "victory" over sin than we are about the fact that our sins grieve God's heart. Jerry Bridges, The Pursuit of Holiness.

ἐνεβριμήσατο τῷ πνεύματι: enebrimesato tow pneumati

ἐτάραξεν ἑαυτὸν: etaraxen heauton

ἐδάκρυσεν: edakrysen

Chapter 5: Prayer of Relinquishment

1. Relinquish

2. Fluidity

Chapter 6: Formation Prayer

I believe the most important change that prayer produces is the within the believer.

Prayer does not change God, but changes him who prays. Soren Kierkegaard