



WHERE LIFE & PURPOSE CONNECT

Grow, Pray, Study for the Week of July 12, 2026

Prayer for the Week

Holy Christ, you promise to be with us always, even to the end of the age. Ground me today in your promised presence. Remind me that nothing, not even death or hardship, separates me from your love. Here, in this moment, I rest in you. Here, in this moment, I am yours. Amen.

Monday, July 13

Scripture: Romans 8:38-39

I'm convinced that nothing can separate us from God's love in Christ Jesus our Lord: not death or life, not angels or rulers, not present things or future things, not powers or height or depth, or any other thing that is created.

Observation

Paul reminds us here, of God's enduring presence. He offers an exhaustive list of everything that might threaten God's presence, followed by a clear declaration that nothing, not even death, removes God from us. God's presence is not conditional on your circumstances, your failures, or even forces beyond your control.

Application

Look back over this reading and consider this: nothing can separate you from that love. What would it look like to live today as someone who is truly inseparable from God's love?

Prayer

God who offers love, thank you that nothing, not my hardest days, not my failures, not any power at all, can separate me from your love. Let this truth settle deep in me. I want to walk today held and secure in this promise. Amen.

Tuesday, July 14

Scripture: Romans 8:1–2

So now there isn't any condemnation for those who are in Christ Jesus. The law of the Spirit of life in Christ Jesus has set you free from the law of sin and death.

Observation

Paul opens this chapter with the word "therefore," which points us back to the struggle of chapter 7, where he wrestled with doing what he didn't want to do. Right in the middle of that honest confession, Paul declares freedom. Condemnation doesn't get the final word. Christ's loving grace always endures.

Application

Whatever guilt or shame you're carrying today, whether from something recent or something old, does not define your standing before God. Christ doesn't wait for you to clean yourself up. Where do you need to release self-condemnation and simply rest in being "in Christ Jesus" today?

Prayer

Lord, thank you for not condemning me. Free me from the weight of guilt I was never meant to carry. Let me walk in the freedom of your Spirit rather than the cycle of shame. Amen.

Wednesday, July 15

Scripture: Romans 8:5–6

People whose lives are based on selfishness think about selfish things, but people whose lives are based on the Spirit think about things that are related to the Spirit. The attitude that comes from selfishness leads to death, but the attitude that comes from the Spirit leads to life and peace.

Observation

Paul contrasts two ways of living, and the difference begins with what we set our attention on. The Spirit doesn't just offer information, it offers life and peace, a settled presence available regardless of circumstance.

Application

Notice what has occupied your mind this week: worry, comparison, control, fear? God's presence is not confined to your good days; God's Spirit is available to reorient your thoughts even now. What is one thought pattern you can hand over to God today in exchange for peace?

Prayer

Spirit of God, take hold of my mind today. Where I've drifted toward anxiety or self-reliance, redirect me toward you. Give me your life and peace, even in the middle of an ordinary or difficult day. Amen.

Thursday, July 16**Scripture: Romans 8:15–17**

You didn't receive a spirit of slavery to lead you back again into fear, but you received a Spirit that shows you are adopted as his children. With this Spirit, we cry, "Abba, Father." The same Spirit agrees with our spirit, that we are God's children. But if we are children, we are also heirs. We are God's heirs and fellow heirs with Christ, if we really suffer with him so that we can also be glorified with him.

Observation

Paul moves from freedom to family. We are not performing for approval, nor left to fend for ourselves. We are adopted children who can cry out "Abba," an intimate, trusting word, like a child reaching for a parent's hand.

Application

Fear often creeps in when we feel forgotten or alone, especially in hard seasons. But adoption means permanence; God did not choose you for a season but chose you as family. In what area of your life do you need to remember you are not abandoned, but held as God's child?

Prayer

Abba, thank you for calling me your child. When fear whispers that I'm alone, remind me that I belong to you, not as one working to earn a place, but as a child already loved. Amen.

Friday, July 17**Scripture: Romans 8:26–27**

In the same way, the Spirit comes to help our weakness. We don't know what we should pray, but the Spirit himself pleads our case with unexpressed groans. The one who searches hearts knows how the Spirit thinks, because he pleads for the saints, consistent with God's will.

Observation

This is one of the most tender pictures of God's presence in scripture, not a distant deity waiting for eloquent prayers, but a Spirit who groans alongside us when words fail. Weakness is not a barrier to God's presence; it's where this ministry of the Spirit meets us.

Application

Some days, you simply don't have the words to describe your grief, exhaustion, or confusion. God's presence doesn't require you to perform composed prayers. God is near in the wordless groan just as much as in confident praise. Where do you need to simply sit in silence today and let the Spirit intercede for you?

Prayer

Spirit, thank You for meeting me in my weakness. When I don't know how to pray, groan on my behalf. I trust you to understand what I cannot articulate. Be near to me in this place of not-knowing. Amen.

Saturday, July 18**Scripture: Romans 8:28**

We know that God works all things together for good for the ones who love God, for those who are called according to his purpose.

Observation

This verse doesn't say all things are good, it says God works all things together for good. It's a promise of an active, ongoing presence woven through both the beautiful and the broken parts of life, not a denial that hard things are hard.

Application

Think of a hard chapter in your life. Can you see, even partially, how God has been present and working within it; not causing the pain, but redeeming it? This is not a call to rush toward silver linings, but an invitation to trust the character of the One who is present in the weaving.

Prayer

Lord, I don't always see how you are working, especially in the hard and confusing parts of my story. Help me trust your presence even when the picture isn't finished. Amen.