

GENESIS: The Book of Beginnings - Week 3

Read Genesis 2:7, 15–25.

1) God Formed You On Purpose

Genesis 2 says God **formed** the man “from the dust” and **breathed** into him the breath of life (2:7). That language is personal and intentional—like a craftsman shaping something with care.

Reflect

- When you think about your life, do you tend to feel “accidental”... or “designed”?
- Where do you most struggle to believe you matter?

Truth to hold

You are not random. You are intentionally made—outwardly and inwardly.

2) The Image of God Gives Every Person Worth

Being made in God’s image (Genesis 1:26–27, echoed by the sermon here) includes things like:

- moral awareness (right/wrong)
- reasoning and decision-making
- capacity for relationship with God and others
- responsibility/dominion (stewardship)
- emotions that reflect something of God’s personal nature

Reflect

- How does “every person bears God’s image” change the way you should:
 - talk to people online?
 - treat difficult people?
 - view yourself when you feel ashamed or small?

Prayer prompt

“Lord, help me see myself and others through the lens of your image—not through anger, fear, comparison, or shame.”

3) Eden Was Delight... and Responsibility

God placed the man in the garden “to **work it** and **take care of it**” (2:15). Eden wasn’t laziness—it was meaningful responsibility before sin ever entered the picture.

Key idea

God’s “delight” and God’s “work” belong together. Purpose isn’t the enemy of joy—often it’s the pathway to it.

Reflect

- What “garden” has God placed you in right now?
 - home/family
 - marriage
 - workplace
 - church/ministry
 - neighborhood
 - school/classroom
- What would it look like to **cultivate** and **protect** what God has entrusted to you?

One step

Write one sentence:

“This week I will cultivate my garden by _____.”

4) You Were Made for Companionship

“It is not good for the man to be alone” (2:18). While marriage is part of the immediate context, the bigger principle is that humans are not designed for isolation.

Important balance

Marriage is not the only path to meaningful companionship (Scripture shows many faithful people who were single), but **everyone** needs relationship—healthy, real, consistent connection.

Reflect

- Where has isolation crept into your life—emotionally, spiritually, socially?
- Who is one person you could move toward instead of withdrawing?

Action

Text/call one person today:

“Hey—could we catch up this week? I’d like to connect.”

5) Marriage: God’s Design and Everyone’s Calling to Honor It

Genesis 2 describes marriage as:

- **one man and one woman**
- **leaving and cleaving** (a new primary human bond)
- becoming **one flesh** (whole-person unity—physical, emotional, spiritual)
- “naked and unashamed” (not merely physical—also safety, trust, no humiliation)

The sermon ties this to honoring marriage (cf. Hebrews 13:4).

If you are married**Self-check**

- Where do we need healing, honesty, or renewed effort?
- What is one way I can serve my spouse this week—not to “win,” but to love?

One step

Plan one intentional moment:

- a 20-minute walk
- a phone-free coffee
- a short prayer together
- a hard conversation done gently

If you are not married

Honoring marriage doesn't mean you're "missing something." It means you:

- encourage healthy marriages
- refuse to mock or minimize marriage
- support God's design with integrity
- value covenant faithfulness as a good gift

Reflect

- How can you strengthen marriages around you (without meddling)?
- How can you pursue companionship and community faithfully?

6) A Question for Your Week

The sermon closes with this theme: **You are significant.**

Not because you're famous, but because:

- you bear God's image
- you have a mission
- you were made for companionship
- God's design is meaningful and good

Think about this...

1. "I feel most significant when..."
2. "I feel most insignificant when..."
3. "Genesis 2 corrects that by reminding me..."

Closing Prayer

Father, thank you that I'm made in your image and not by accident. Help me live my mission faithfully—cultivating what you've entrusted to me. Lead me out of isolation into healthy companionship and community. Teach me to honor your design for marriage and relationships with humility and truth. Let Genesis 2 shape how I see myself, others, and my purpose this week. In Jesus' name, amen.