The Lord’s Supper

Bible Study & Discussion Guide

Main Scripture: Deuteronomy 24:17–22

Supporting Scriptures: Luke 22:19–20; Hebrews 10:1–14; 1 Corinthians 11:23–29; Ephesians 2:1–10

Central Truth: Remembering what God has done for us should move us to love Him more deeply and show His mercy to others.

Getting Started

Read Deuteronomy 24:17–22.

Throughout Scripture, God calls His people to remember who He is, what He has said, and what He has done.

But biblical remembrance involves more than simply recalling something from the past. It means allowing what we remember to influence how we live today.

As the Israelites prepared to enter the Promised Land, Moses reminded them of God's deliverance from slavery in Egypt. Their remembrance of His mercy was intended to shape how they treated others.

This same principle helps us understand Jesus' command to remember Him through the Lord's Supper.

Opening Discussion: What's the difference between simply remembering something and allowing that memory to influence your actions?

1. Remember God's Mercy Toward You

Read Deuteronomy 24:17–18.

God commanded the Israelites to treat foreigners, orphans, and widows with justice and mercy.

These were among the most vulnerable people in their society, often lacking the protection and resources others enjoyed.

Rather than taking advantage of them or overlooking their needs, God's people were called to protect them and treat them with dignity.

Why? Because they were to remember their own history.

They had once been slaves in Egypt, powerless to free themselves. But God intervened, showed them mercy, and redeemed them.

Remembering God's mercy toward them was meant to produce mercy toward others.

Discussion Questions:

1. Why did God connect the Israelites' treatment of vulnerable people with their own experience of slavery and redemption?
2. How does remembering the mercy we've received change the way we view people who are struggling?
3. Who are some of the vulnerable or overlooked people in our communities today?
4. What would it look like to demonstrate God's justice, kindness, and mercy toward them?

2. Let Remembrance Move You to Action

Read Deuteronomy 24:19–22.

God gave the Israelites practical instructions for caring for those in need.

When harvesting their fields, olive trees, and vineyards, they were to leave some of the harvest behind for foreigners, orphans, and widows.

Their remembrance of God's provision wasn't meant to remain a thought or feeling. It was supposed to change how they used what God had entrusted to them.

The Hebrew word *zakar*, translated "remember," helps communicate this idea of remembering in a way that prompts a response.

Biblical remembrance should move us to action.

It's possible to know what God has done, acknowledge His goodness, and still fail to respond in obedience.

True remembrance should influence our priorities, decisions, generosity, and relationships.

Discussion Questions:

1. Why is it sometimes easier to acknowledge God's blessings than to act on what He's taught us?
2. What do God's instructions about leaving part of the harvest reveal about His concern for others?
3. How can we use the resources, opportunities, and abilities God has given us to show mercy?
4. Is there something God has been reminding you of that needs to move from knowing to doing?

3. Remember the Price of Our Redemption

Read Luke 22:19–20 and Hebrews 10:1–14.

When Jesus shared the Last Supper with His disciples, He told them to remember Him.

Just as Israel was called to remember its deliverance from slavery, believers are called to remember an even greater redemption.

We were once enslaved to sin, unable to rescue ourselves from its consequences. But God, in His mercy, provided the way for our salvation through Jesus Christ.

Under the old covenant, animal sacrifices pointed forward to the perfect sacrifice that was still to come.

Jesus, the sinless Son of God, offered Himself in our place. Through His death on the cross, He accomplished what those earlier sacrifices could never fully accomplish.

Our redemption came at the cost of Christ's life.

Salvation is received through repentance and faith in Jesus Christ, not through our own efforts or good works.

The Lord's Supper reminds believers of His body given and His blood shed for the forgiveness of sins.

Discussion Questions:

1. How does Israel's deliverance from Egypt help us better understand our redemption from sin?
2. Why was Jesus uniquely qualified to be the sacrifice for our sins?
3. What does the Lord's Supper remind us about the seriousness of sin and the greatness of God's mercy?

4. How should remembering the price of our redemption affect our gratitude and devotion to Christ?

4. Remembering Should Deepen Our Love

Read Ephesians 2:1–10 and 1 Corinthians 11:23–29.

The Lord's Supper is more than a religious tradition. It is an opportunity for believers to remember what Christ has accomplished through His death.

The bread and cup serve as symbols of His body and blood, reminding us of the sacrifice that made our redemption possible.

Scripture also calls believers to examine their hearts before participating.

This is a time to reflect on God's grace, confess sin, and approach Him with humility and gratitude.

But remembrance shouldn't end when the Lord's Supper is over.

Remembering our redemption should produce a greater love for God and for others.

As we reflect on the mercy God has shown us, we should grow in our love for Him, our trust in His promises, and our willingness to extend mercy to those around us.

Discussion Questions:

1. Why is it important to examine our hearts before participating in the Lord's Supper?

2. How can remembering Christ's sacrifice strengthen our love for God and our trust in Him?

3. What connection do you see between receiving God's mercy and extending mercy to others?

4. How can we keep the meaning of the Lord's Supper at the forefront of our lives beyond the times we observe it together?

Living It Out: Remember and Respond

God didn't simply tell the Israelites to remember their redemption. He told them to live differently because of it.

Jesus calls us to remember His sacrifice, and that remembrance should shape our lives as well.

Final Discussion Questions:

1. Have I become so familiar with the story of Jesus' sacrifice that I've lost some of my gratitude for what He's done?
2. How is remembering my redemption influencing the way I live today?
3. Is there someone who needs to experience God's mercy through my actions this week?
4. What is one practical way I can demonstrate a greater love for God and others?

This Week's Challenge

Spend time reflecting on what Christ has done to redeem you from sin. Thank Him specifically for His mercy and sacrifice.

Then identify one person you can encourage, serve, or help this week as a practical expression of the mercy you've received.

Closing Thought

Remembering our redemption should never stop at recalling what Jesus has done. It should move us to love God more deeply and extend His mercy to others.

Closing Prayer

Father, thank You for Your mercy and for redeeming us through Jesus Christ. Help us never lose sight of the price that was paid for our salvation. Forgive us when we take Your grace for granted or fail to show others the mercy You've shown us. May remembering Christ's sacrifice deepen our love for You, strengthen our faith, and move us to serve others with compassion and kindness. In Jesus' name, Amen.