



**CALVARY  
CHAPEL**  
lake buena vista

**WEL**

**COME**

A person wearing a red cape and dark clothing is sitting on a concrete ledge in a long, dimly lit tunnel. The person is hunched over with their head buried in their arms, suggesting a state of despair or exhaustion. The tunnel walls are made of large, weathered concrete blocks, and the floor is also concrete and appears somewhat dirty. At the end of the tunnel, there is a bright light source, creating a strong contrast with the dark interior.

**JONAH**  
"RUNAWAY HERO"

**#DON'T LOSE HEART**

TITLE: "Beliefs, Behavior, Blessing"

**TODAY'S SCRIPTURE**

**JONAH 3:5-10**

James 2 \* 1 Peter 2 \* Jonah 3  
(p.663) (p.665) (p.513)



**TODAY'S SCRIPTURE**  
**JONAH 3:5-10**

TITLE: "Beliefs, Behavior, Blessing"

OUR  
**BELIEFS**

DICTATE

OUR  
BEHAVIOR.

Your beliefs don't  
make you a better person,  
your behavior does.

**YOUR BELIEFS DON'T MAKE YOU A  
BETTER PERSON. YOUR BEHAVIOUR DOES.**

[kushandwisdom.tumblr.com](http://kushandwisdom.tumblr.com)

Most people have little insight into what ignites their day-to-day behavior, according to scientific evidence. Often described as *motives*, the instrumental forces that drive and direct our behavior are based on a series of tacit beliefs that we have about ourselves. In aggregate, these self-beliefs determine the direction and intensity of our motivated action.

**Dr. Hoffman, UCF**

The beliefs determine what we do, how we do it, and how we see our accomplishments in relation to the rest of the world.

Self-beliefs are so powerful that the evaluations will strongly influence the careers we seek, the relationships we pursue, and ultimately what we do or do not accomplish in life.

**Dr. Hoffman, UCF**

# *Self Belief: CONTROL*

- *External Focus*
- *Internal Focus*



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# JONAH 3:5

(PG.513)



**BELIEF IS EVIDENCED  
BY BEHAVIOR**



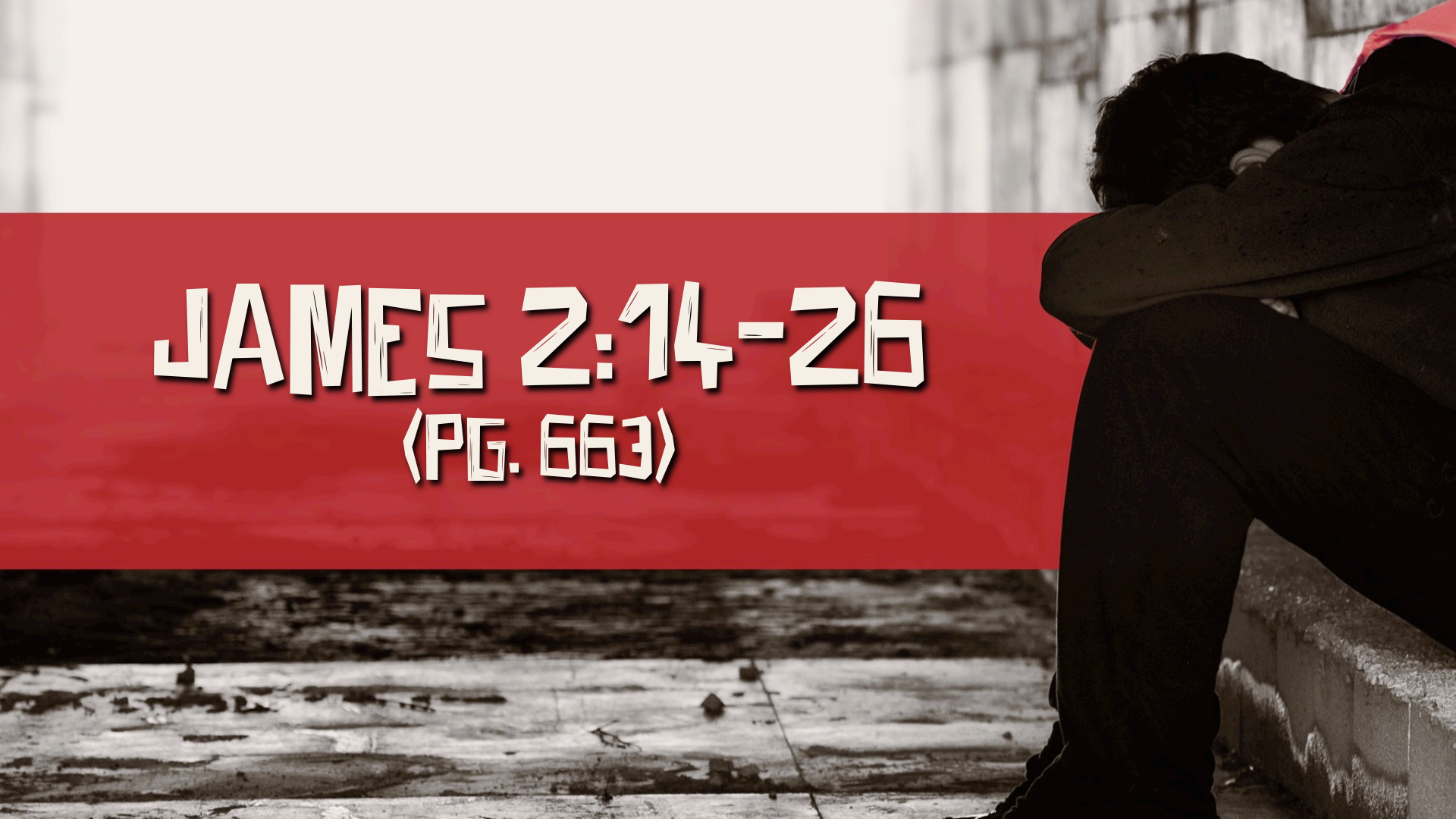
Self-Abasement



Self-Denial

# JAMES 2:14-26

(PG. 663)



James 2:22

*“You see that faith was active together with his works, and by works, faith was perfected.”*

## Jonah 3:5

*“The men of Nineveh believed in God. They proclaimed a fast and dressed in sackcloth—from the greatest of them to the least.”*

GENUINE  
REPENTANCE



# JONAH 3:6-9

(PG.513)





**BEHAVIOR MAKES  
OTHERS BELIEVE**

BEFORE



AFTER

# 1 PETER 2:11-15

(PG. 665)



## 1 Peter 3:1-2

*“Wives, respect and obey your husbands in the same way. Then the husbands who do not obey the word of God will want to know God. They will want to know God because their wives live good lives, even though they say nothing about God. They will see that you live holy lives and respect your husbands.”*

# TIME TO GROW UP

A Study of 1st & 2nd Peter





**V.6**

**SET'S EXAMPLE/REPENTS**

**V.7-8**

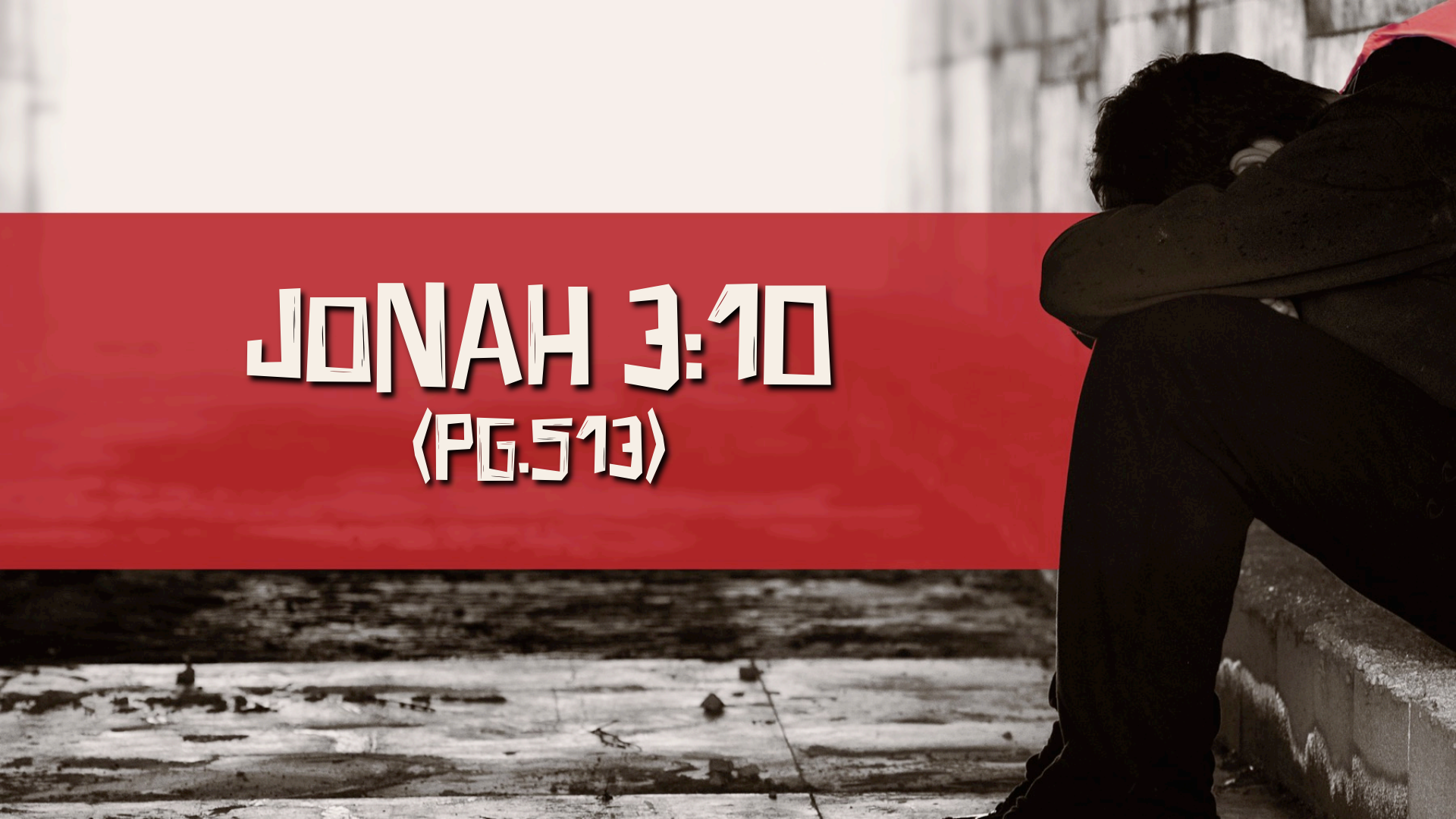
**TELLS OTHERS TO TURN**


**V.9**

**PLACES HOPE IN GOD**

# JONAH 3:10

(PG.513)



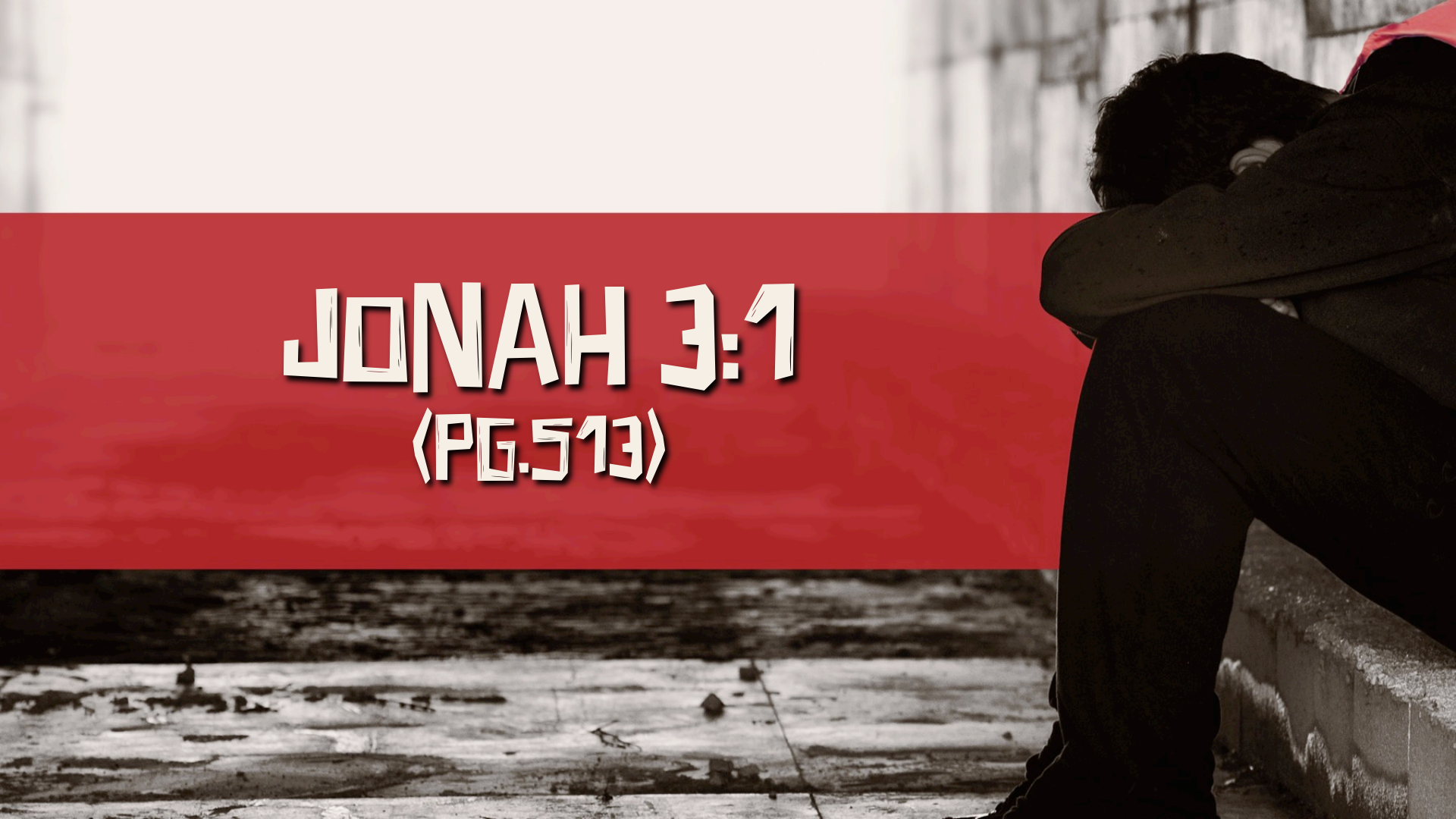
The image features a background of vertical wooden planks. A dark grey horizontal band runs across the middle, containing the text in a white, hand-drawn, blocky font. Two thin red lines are positioned above and below the grey band.

**BLESSING IS BROUGHT BY  
BELIEF AND BEHAVIOR**



# JONAH 3:1

(PG.513)



# JONAH 3:1,10

(PG.513)

God may turn and relent; He may  
burning anger so that we will not  
<sup>10</sup>Then God saw their actions—that  
from their evil ways—so God relented  
ter He had threatened to do to them.  
do it.

4 But Jonah was greatly displeased and  
ous. <sup>2</sup>He prayed



## This is why I am blessed...

- *I know a God who gives hope to the hopeless.*
- *I know a God who loves the unlovable.*
- *I know a God who comforts the sorrowful.*
- *And I know a God who has planted this same power within me.*

A person wearing a red cape and dark clothing is sitting on a concrete ledge in a long, dimly lit tunnel. The person is hunched over with their head buried in their arms, suggesting a state of despair or exhaustion. The tunnel walls are made of large, dark concrete blocks, and the floor is also concrete and appears somewhat dirty. The lighting is dramatic, with a bright light source at the far end of the tunnel, creating a strong contrast and a sense of depth.

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