

PHILIPPIANS



JOY IN
CHRIST

Words of Encouragement: Don't Worry Philippians 4:6-7

⁶Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

Philippians 4:6-7 NLT

1. We are commanded not to worry because worry always has destructive consequences. Where is worry weakening your faith, choking your praise, stifling your courage, or causing you to doubt God?
Matthew 6:25-4
2. The Peace of God comes from intimacy with Him. In your worries, where do you turn your eyes? What is your response to worry? What are your outlets for worry?
Isaiah 26:3; Hebrews 12:2; Psalm 40; Psalm 62:8
3. Paul says we pray about everything...and thank God for all He has done. Do you have a posture of thankfulness in your prayer life? Where do you need to be reminded to thank God in your current circumstances? What are the barriers that get in the way of pouring out your heart to God?
1 Thessalonians 5:16-18
4. Paul says the Peace of God will guard our hearts and minds as we live in Christ Jesus. Why is this important? What are the hidden appetites in your heart that prevent God from doing the work that is necessary to sanctify you? What do you need to guard?
Jeremiah 17:9; Proverbs 4:23; Psalm 12:2; Proverbs 28:14; Proverbs 21:4; Hebrews 3:12; Matthew 24:12; Psalm 51:10

5. We have been reminded for the past 3 weeks that it is all in the Lord. At what point will you recognize that it all depends on our surrender to Jesus? Where are you trying too hard and where do you need to surrender?

Galatians 5:16, 22-23

6. Where does it seem impossible right now? What is God teaching you in that circumstance?

Matthew 19:26; Jeremiah 32:17