01/11/2026

Connect Group Guide: “Maturity Of The Body | Ephesians 4”

Passage: Ephesians 4:7-16



Sermon Link: https://youtu.be/gsMkF1MFAoo

Welcome:

(Choose a question for your group to discuss)

- What is a clear sign of maturity?
- How do we know when someone is spiritually mature?

Worship:

(You may choose to use YouTube or other mediums to facilitate your time of worship)

- **Worship: Be Enthroned (LIVE) - Jeremy Riddle | Have It All**

Word:

(Discuss these questions in your group, encourage everyone to take part)

Before reading the scripture:

- What do you think is the purpose of the gifts of the Spirit?
- How do you understand the gifts of the Spirit to function?
- Have you ever thought of unity to be the main purpose of these gifts? Why are the gifts not often spoken about in the context of unity?

01/11/2026

Read: Ephesians 4:7-16

- Why is it significant that grace is spoken of first before the gifts are named?
- What does it mean for all to have received grace according to what Christ apportioned?
- Do you think someone can deserve a spiritual gift? Why/why not?
- What do you think a mature 'body of Christ' (the church) practically looks like?
    - What kind of actions and attitudes could we expect from a mature body?
- Why is it important to know that the gifts of the Spirit are not reserved for the so called 'spiritually elite' but are given to all?
- How has the spiritual gift of someone else blessed you in your life?

Works:

(Take some time for personal reflecting on the following questions and then share back with the group)

- How might God be calling you to use *your* spiritual gifts to build up other members of the body of Christ?
- How might we continue viewing gifts in the context of unity, not using them to divide us?

Closing:

(Remember to ask for prayer requests.)

Pray that we may know God's grace, and that we may humbly function in our individual gifts to see the body of Christ built up to maturity.