

Connect Group Guide: “Unity Through Meekness | Ephesians 4”

Passage: Ephesians 4:1-6



Sermon Link: <https://www.youtube.com/watch?v=umYtRS0RaLI>

Welcome:

(Choose a question for your group to discuss)

- What are some characteristics that promote unity? E.g. humility

Worship:

(You may choose to use YouTube or other mediums to facilitate your time of worship)

-  Feet Of Jesus + All I Need (ft. Brian Nhira) | Legacy Nashville Music

Word:

(Discuss these questions in your group, encourage everyone to take part)

Before reading the scripture:

- How would you define meekness?
- Jesus described Himself as meek, what do you think this means?

Read: Ephesians 4:1-6

- Meekness is defined as “strength under control”. How do you think meekness helps us to build unity with other believers?
- If we share the same heavenly father, that makes other believers family. Discuss the implications of this regarding how we see other believers.

- “Unity has a divine origin.” Do you agree? Why/why not?
- Paul pleads with the Ephesians church to keep the unity of the Spirit through the bond of peace.
 - Why is unity such a big deal?
 - What does it mean to keep unity through ‘the bond of peace’?
- What causes us to not live in meekness towards other believers?

Works:

(Take some time for personal reflecting on the following questions and then share back with the group)

- Every passage about the Holy Spirit has unity at the centre of its message. Have you ever thought about this?
 - How might this change how we view the Holy Spirit in our lives and how we relate to others?
- How is God calling *you* to live in unity with other believers? What practical steps can you take within the next 7 days to move towards this unity?

Closing:

(Remember to ask for prayer requests.)

Pray that God’s Spirit may give us insight into loving others well, knowing that we are loved by Him.

