

Connect Group Guide: “The Storms Of Life”



Sermon Link: [▶ The Storms of Life | The Gospel of Mark](#)

Welcome:

(Choose a question for your group to discuss)

- What is the best lesson you have learned in a tricky time of your life?

Worship:

(May choose to use YouTube or other mediums to facilitate your time of worship)

- Link: [▶ Highs & Lows \(Acoustic\) Hillsong Young & Free](#)

Word:

(Discuss these questions in your group, encourage everyone to take part)

Before reading the scripture:

- Why do we sometimes expect that our lives would be easier if we follow & obey Jesus?
- Has God ever asked you to do something that seemed to go against logic?

Read: Mark 6:45 - 56

- *Jesus found it necessary to separate Himself from the people to pray.* Is it still important for us to intentionally separate ourselves for prayer? Why do we not do it sometimes?
- Why would Jesus send the disciples out knowing that they would struggle in the storm?
How do you feel about the reality that your obedience to Jesus will make you uncomfortable?
- *Jesus was praying for His disciples on the mountain.* Does Jesus still intercede for us today?
- *Jesus saw His disciples straining at the oars.* Does Jesus see the storms that you face in your life?
- How can we remind ourselves that Jesus sees us and allows storms in our lives for His glory?
- Jesus says: *"Take courage because it is I."* A different translation says *"because I am"*. What is the significance of this?

Works:

(Take some time for personal reflecting on the following questions and then share back with the group)

- What has God said to you that you are too afraid to follow?
- Jesus says that He sees the storms that you are facing and that He is praying for you. How does this change the way in which we are to view the storms in our lives?
- Reflect on the following statement: *Experiencing storms in your life is not due to a lack of faith or a weakened spirituality.*

Closing:

(Remember to ask for prayer requests.)

- Ask the Spirit to remind us that Jesus sees our struggles and is interceding for us. He is the 'I am' and we are to take courage in that, knowing that there is a purpose for the storms in our lives, and that the storms are not due to a lack of faith.

