



The
heart *of*
worship

small group leader guide

week four
Worship as a Lifestyle

ICEBREAKER

What is something you do every day that you enjoy?

BIG IDEA

Worship is giving all that I am to all that God is.

GETTING STARTED

LEADER: PLAY THE VIDEO FOR WEEK FOUR.

LEARN

Ask a volunteer to read Romans 12:1.

“Therefore, brothers and sisters, in view of the mercies of God, I urge you to present your bodies as a living sacrifice, holy and pleasing to God; this is your true worship.” (Romans 12:1)

1 **Worship is in response to God’s mercy.**

“**Therefore**, brothers and sisters, in view of the **mercies of God**,” (Romans 12:1)

What are some examples of God’s mercies in your life?

2 **Worship involves a sacrifice of self.**

“I urge you to **present** your bodies as a living **sacrifice**,” (Romans 12:1)

■ **The sacrifice is personal.**

“I urge you to present **your** bodies as a living sacrifice,” (Romans 12:1)

What have you given up to worship God?

■ **The sacrifice is physical.**

“I urge you to present your **bodies** as a living sacrifice,” (Romans 12:1)

Ask a volunteer to read 1 Corinthians 6:19-20.

From what we say, see, do, and think, which of these do you struggle with most to offer as worship?

What would change if you viewed that your body belongs to the Lord?

■ **The sacrifice is practical.**

“I urge you to present your bodies as a **living** sacrifice,” (Romans 12:1)

Ask a volunteer to read Luke 9:23.

“If anyone would come after Me, let him deny himself and take up his cross daily and follow Me.” (Luke 9:23)

How can you live your life this week in light of the idea that worship never stops?

3 Worship is to be pure.

“In view of the mercies of God, I urge you to present your bodies as a living sacrifice, **holy and pleasing to God**; this is your true worship.” (Romans 12:1)

Ask a volunteer to read 1 Peter 1:15-16.

“But like the Holy One who called you, be holy yourselves also in all your behavior; because it is written, “YOU SHALL BE HOLY, FOR I AM HOLY.” (1 Peter 1:15-16)

Ask a volunteer to read Romans 12:1-2.

“Do **not be conformed** to the pattern of this world, but be transformed by the renewing of your mind.” (Romans 12:2)

What have you been unwilling to sacrifice as worship to God?

APPLY

How can we worship God in our daily lives?

How will worship look differently in your life this week?

*Father, please teach us to worship You in spirit and truth.
May our attitudes and our actions be acts of worship
that honor You and show you to a lost and broken world.*

pray



SILVERDALE
Baptist Church