

ABIDING PRACTICE: DECLARE

15-Second Testimony



SHARING A 15-SECOND TESTIMONY

THE GOAL

Use honest words to help name the difference Jesus has made in your life.

- Use this as a tool, not a script
- Choose words that are true
- Let the cross stay at the center of the story

THE SIMPLE FRAMEWORK

1. Meditate on Ephesians 2:1-10
2. Put the cross in the center

Jesus is the center of your testimony (8 For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, 9 not a result of works, so that no one may boast. – Eph. 2)

3. Name 1-2 words on the left side that describe your life before or apart from Christ
 - a. Reference the word bank below if you need ideas
 - b. Name what Christ is freeing you from today if you were saved at a young age

Be real, not dramatic (Eph. 2:1-4)

4. Name 1-2 words on the right side that describe your life in Christ
 - a. What is he growing in you today?

Be real, not perfect

KEY TIPS

- Begin with, "There was a time in my life when..."
- Finish with, "Could I share more with you about how Jesus saved me?" Or, "Do you have a story like that?"
- Feel the freedom to use different words to relate with the person you are sharing with

Before Christ	In Christ
anxious afraid ashamed angry empty bitter proud controlling insecure restless lonely hopeless numb self-reliant approval-seeking performance-driven comfort-seeking distracted self-righteous fearful	peaceful secure free content hopeful joyful humble dependent forgiven loved known steady trusting surrendered courageous patient grateful alive accepted rooted

15-SECOND TESTIMONY

“There was a time
in my life when...”



**DO YOU HAVE
A STORY LIKE THAT?**

AWAY FROM CHRIST

Describe your life
before Christ came
to change you.

BECAUSE OF CHRIST

Describe what Christ
has done for you.

CHANGE CHRIST MADE

Describe the personal
changes Christ has
made in you.