

# Small Group Discussion + Leader Guide

**Sunday, June 14, 2026**

Preached By: Dr. Evan Posey

## ***“Waiting, Walking, and Watching”***

Summer in the Psalms Series #2

### **Psalms 37**

#### **Opening Prayer (2-3 minutes)**

Begin by asking God to open hearts and minds to His Word, to give wisdom in discussion, and to help each person apply these truths practically in their lives this week.

#### **Icebreaker Question (5-7 minutes)**

What is the longest you've ever had to wait for something important? (A medical diagnosis, job offer, answered prayer, etc.) How did that waiting period affect you emotionally and spiritually?

#### **Sermon Recap (5 minutes)**

Psalms 37 addresses a question that has troubled believers throughout history: Why do the wicked prosper while the righteous suffer? David's answer comes in three movements:

1. Wait patiently for the Lord rather than fretting over the wicked
2. Walk obediently before the Lord rather than following the paths of the wicked
3. Watch quietly as the Lord vindicates the righteous and judges the wicked

## **Discussion Questions**

### **Part 1: Waiting Patiently (15-20 minutes)**

#### ***Read Psalm 37:1-11***

1. What specific situations cause you to "fret" when you see wicked people prospering? (Examples: workplace injustice, corrupt leaders, dishonest neighbors, etc.)
2. David commands us not to fret three times in this passage (vv. 1, 7, 8). Why do you think repetition was necessary? What does this tell us about human nature?
3. The sermon compared waiting on God to sitting in a doctor's waiting room. What helpful perspective does this illustration provide? How does it change your view of seasons when God seems silent or slow to act?
4. Look at the positive commands in verses 3-7:
  - Trust in the LORD
  - Delight yourself in the LORD
  - Commit your way to the LORD
  - Rest in the LORD
5. Which of these is easiest for you? Which is most difficult? Why?
6. Isaiah 40:31 promises that "those who wait for the LORD will gain new strength." How have you experienced this in your own life?

### **Part 2: Walking Obediently (15-20 minutes)**

#### ***Read Psalm 37:12-26***

6. The sermon used the illustration of switching lanes in traffic. When have you been tempted to "switch lanes" spiritually—to abandon God's path because another way looked faster or easier? What was the result?

7. Verse 23 says, "The steps of a man are established by the LORD." How does knowing God orders your steps change the way you view setbacks, delays, or closed doors?
8. Verses 21 and 26 contrast the wicked and the righteous in how they handle resources. What does generosity reveal about a person's trust in God? How generous are you currently, and what does that reveal about your trust level?
9. Proverbs 14:12 warns, "There is a way which seems right to a man, but its end is the way of death." What are some paths that seem right in our culture today but contradict God's Word?
10. How can we help each other stay on God's path when the world's path looks more appealing?

### **Part 3: Watching Quietly (15-20 minutes)**

#### ***Read Psalm 37:27-40***

11. The sermon compared God's final judgment to a courtroom verdict. How does remembering that "the judge has not yet spoken" help you when injustice seems to win?
12. Verse 34 (the central verse) says, "When the wicked are eliminated, you will see it." Why is it important that we will "see" God's justice? What does this teach us about God's character?
13. Romans 12:19 says, "Never take your own revenge, beloved, but leave room for the wrath of God." Why is it so difficult to leave vengeance to God? What practical steps can help us resist the urge to retaliate?
14. Verse 37 instructs us to "mark the blameless man, and behold the upright; for the man of peace will have a posterity." Who in your life models patient waiting, obedient walking, and quiet watching? What have you learned from their example?

15. The sermon ended with a Gospel question: Are you a child of God or an enemy? How does the Gospel transform enemies into friends? (If someone in your group is exploring faith, this is an opportunity for gentle conversation.)

### **Key Takeaways**

Have group members share which of these truths resonated most with them:

- Waiting is not passive; it's active trust in God's wisdom and timing
- The path that looks faster isn't always better; obedience leads to lasting blessing
- Apparent success of the wicked is temporary; God's faithfulness to His people is eternal
- Our responsibility is not to fret, imitate, or retaliate—but to trust, obey, and wait
- Through Christ, enemies can become friends and the wicked can be made righteous

### **Practical Application (10-15 minutes)**

#### ***Personal Reflection:***

Give everyone 2-3 minutes of silence to consider these questions privately:

- Where am I currently in a "waiting room" with God?
- What "lane" am I tempted to switch to because God's path seems too slow?
- What situation requires me to "watch quietly" and trust God's justice rather than seeking my own revenge?

#### ***Group Commitment:***

Choose ONE of the following to practice this week:

### **Option 1: The Waiting Challenge**

- Identify one area where you're fretting over the wicked prospering
- Each day, replace anxious thoughts with one of the positive commands from verses 3-7 (trust, delight, commit, rest)
- Journal what happens to your heart as you redirect your focus

### **Option 2: The Walking Challenge**

- Identify one area where you're tempted to compromise or take a shortcut
- Commit to God's path even if it's slower or harder
- Share your commitment with one accountability partner from the group

### **Option 3: The Watching Challenge**

- Identify one person or situation where you're tempted to seek revenge or "set the record straight"
- Pray daily for that person/situation, asking God to handle it His way
- Practice Romans 12:20: "If your enemy is hungry, feed him; if he is thirsty, give him a drink"
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***Share your choice with at least one other person in the group for accountability.***

### **Prayer Requests and Closing Prayer (10 minutes)**

- Share specific areas where group members need help waiting, walking, or watching
- Pray for those who are struggling with injustice or the prosperity of the wicked
- Pray for strength to trust God's timing, obey God's path, and rest in God's justice
- Pray for anyone in the group who may not yet know Christ as Savior

## **For Further Study**

### ***For those wanting to dig deeper:***

- Read the entire Psalm 37 daily this week, focusing on a different section each day
- Study Job 21 and Psalm 73, which also wrestle with the prosperity of the wicked
- Read Habakkuk 1-3, where the prophet asks God these same questions
- Memorize Psalm 37:4-5 or 37:34

## **Leader Notes**

- Be sensitive to group members who may be experiencing real injustice or suffering. Create space for honest emotions while pointing back to God's promises.
- Don't rush the application section. Real life change happens when people commit to specific, measurable actions.
- Follow up during the week with a text or call to those who shared prayer requests or made commitments.
- Consider having someone share a testimony next week about how they applied this teaching.