

Sermon Guide for Tribes February 11, 2024 Sermon Series: The Life of a Jesus Follower

Sermon Title: The Five Percent Life

Scripture: Mark 1:35

And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed.

Points of Consideration:

Jesus' Time with the Father was Intentional

Jesus Time with the Father was in the Morning

Jesus' Time with the Father was without Distractions

Jesus' Time with the Father was Spent Alone

Jesus' Time with the Father was Consistent

Discussion Questions:

In Mark 1:35, Jesus rises early to pray in solitude. What do you think this tells us about the importance of solitude and prayer in our own lives? How can we prioritize these practices amidst our busy schedules?

Mark 1:35 highlights Jesus' intentional retreat for prayer before embarking on his ministry. How can moments of solitude and prayer help us in our own responsibilities? What insights can we glean from Jesus' approach to starting his day with prayer?

Jesus' example in Mark 1:35 emphasizes the importance of regularity in prayer. How can we develop consistency in our prayer lives amidst distractions and competing priorities? What strategies or habits can help us maintain a steady rhythm of communication with God?