



# FAMILY CONNECTION

Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

## SCRIPTURE

Matthew 6:1-18

## SESSION SUMMARY

In this week's session, we continue studying the Sermon on the Mount. In this section of Jesus's sermon, Jesus calls His people to live differently. While our actions reveal our faith, the heart behind them is what matters most. God sees our hearts and actions always. Here are the key points:

- Jesus's disciples give secretly (Matthew 6:1-4).
- Jesus's disciples pray sincerely (Matthew 6:5-15).
- Jesus's disciples fast humbly (Matthew 6:16-18).

## CONVERSATION QUESTIONS

- When have you posted or been tempted to post on social media about something good you did for someone else? How does today's passage speak to that?
- Why might we want others' approval—even each other's approval? How can we seek God's approval above all?
- In what areas of your life is it most tempting to brag about or be showy with your faith? Explain.

## FAMILY CHALLENGE

Think of someone you know who needs some encouragement. Choose a way you can support this person or family, whether financially, by sending a note, or giving a thoughtful gift. Implement whatever idea you came up with anonymously. Pray over the gift or note before you send it, asking God to help the recipient see Him through your family's actions—even if they have no idea you were the ones to act.