Use the following thoughts and questions to have a spiritual conversation as a family. Don't emphasize having the right answer, but focus on spending time discussing the Word as a family.

SCRIPTURE

Matthew 5:3-16

SESSION SUMMARY

In this week's session, we studied a well-known passage from Jesus's Sermon on the Mount: the Beatitudes. In this section of Scripture, Jesus gives us a detailed description of what His disciples look like and what it means to follow Him. Here are the main takeaways:

- Jesus's disciples are blessed (Matthew 5:3-12).
- Jesus's disciples are the salt of the earth (Matthew 5:13).
- Jesus's disciples are the light of this world (Matthew 5:14-16).

CONVERSATION QUESTIONS

- · What typically comes to mind when we hear the word blessed?
- When has it been difficult for our family to believe we are blessed? How does this passage help us better understand what it means to be blessed?
- · What are some ways our family can be a light in our community?

FAMILY CHALLENGE

Being a disciple is about more than a one-time yes to Jesus in salvation—it's about continuing to grow in our personal walk of faith as well as inviting others to follow Jesus. Give a few minutes for each person to come up with one way they want to grow in their faith and one person they can invite to follow Jesus. Discuss ways you can support each other as you pursue a growing faith and the growth of God's kingdom.